

Swim	Bike	Run	
0,05	2,1	0,4	Km
10.09.2023 Asklepios Kids-Triathlon, Sprendlingen			
Müller, Arne		00:12:39	

Swim	Bike	Run	
0,1	1	0,4	Km
20.05.2023 Ironkids Kraichgau, Kraichgau			
Müller, Arne		00:05:50	

Swim	Bike	Run	
0,1	2	0,4	Km
09.07.2023 31. Mühlchen-Triathlon, Arheiligen			
Müller, Arne		3. MU1000:10:51	

Swim	Bike	Run	
0,3	19	3	Km
04.06.2023 39. Moret Triathlon, Münster (bei Dieburg)			
Hemmer, Nico		1. M20 00:51:17	
Schmitt, Christian		00:52:49	
Lehmann, Wolfgang		1. M60 01:00:04	
Anger, Gunnar		1. M45 01:06:58	

Swim	Bike	Run	
0,4	12	5	Km
06.08.2023 Frankfurt City Triathlon, Frankfurt			
Röschlau, Torsten		3. M40 01:07:02	

Swim	Bike	Run	
0,4	14	5	Km
20.08.2023 20. Rodgau Triathlon, Rodgau			
Koppert, Valeria		01:08:12	
Walz, Michael		2. M65 01:12:37	

Swim	Bike	Run	
0,5	18	5	Km
07.05.2023 20. Kinzigtal Triathlon, Gelnhausen			
Brendemühl, Heike		2. W30 01:02:46	

Swim	Bike	Run	
0,5	19	5	Km
14.05.2023 15. Short-Track Triathlon, Griesheim			
Brendemühl, Heike		1. W30 01:03:51	

Swim	Bike	Run	
0,5	19	5,5	Km
16.07.2023 14. jsp MöWathlon, Mörfelden-Walldorf			
Brendemühl, Heike		2. W30 01:07:09	
Walz, Michael		01:29:12	
Koppert, Valeria		01:30:48	

Swim	Bike	Run	
0,5	20	5	Km
07.05.2023 12. Barockstadt Fulda Triathlon, Fulda			
Hemmer, Nico		1. M20 01:05:21	
Anger, Gunnar		3. M45 01:08:15	
Greschek, Manuel		3. M40 01:09:04	
Pfeiffer, Frank		01:16:32	
Lehmann, Wolfgang		1. M60 01:21:16	

Swim	Bike	Run	
0,5	26	5,3	Km
07.05.2023 34. EJOT Triathlon Buschhütten, Buschhütten			
Schmitt, Christian		2. M30 01:14:40	
Prümmer, Constanze		1. W35 01:20:17	

Swim	Bike	Run	
0,75	20,6	5	Km
17.06.2023 Memmert Rothsee Triathlon, Hilpoltstein			
Straus, Alexander		0. M50 01:36:30	

Swim	Bike	Run	
0,75	28	5	Km
06.08.2023 Frankfurt City Triathlon, Frankfurt			
Müller, Franziska Sophie		3. W20 01:40:44	
Koppert, Valeria		01:47:31	
Walz, Michael		1. M65 01:51:47	

Swim	Bike	Run	
1,4	41	10	Km
20.08.2023 20. Rodgau Triathlon, Rodgau			
Richter, Tobias		3. M45 02:23:48	

Swim	Bike	Run	
1,5	40	10	Km
16.07.2023 World Triathlon Championship Series, Hamburg			
Schmitt, Christian		0. M30 02:18:08	
Prümmer, Constanze		0. W35 02:29:53	
Straus, Alexander		03:10:01	

Swim	Bike	Run	
1,5	42	10	Km
24.06.2023 38. Waldecker Edersee-Triathlon, Waldeck			
Schmitt, Christian		2. M30	02:26:09
Weith, Moritz		2. M35	02:26:27
Kinzler, Patrick			02:35:36
Barcarolo, Pier		3. M20	02:43:17
Brammert, Arne			02:48:13

Swim	Bike	Run	
1,5	45	10	Km
06.08.2023 Frankfurt City Triathlon, Frankfurt			
Barcarolo, Pier			02:35:05
Prümmer, Constanze			02:39:22
Hempel, Karl			03:05:35
Silva Toledo, Aldo			03:08:10
App, Christoph			03:14:04
Grebe, Jessica			03:16:40
Joseph, Jörg			03:21:10
Straus, Alexander			03:22:06

Swim	Bike	Run	
1,9	81,2	20,5	Km
21.05.2023 , Ingolstadt			
Hofstetter, Hanna		3. W25	04:20:38

Swim	Bike	Run	
1,9	90	21,1	Km
21.05.2023 Ironman 70.3 Kraichgau, Bad Schönborn			
Audersetz, Stephan			04:58:44

18.06.2023 Ironman 70.3 Luxemburg, Luxemburg			
Knodt, Riitta			06:22:17

22.10.2023 Paradox Ironman 70.3 Arizona, Tempe, Arizona			
Straus, Alexander			06:42:50

Swim	Bike	Run	
1	40	10	Km
07.05.2023 12. Barockstadt Fulda Triathlon, Fulda			
Stillger, Nadine		1. W40	02:23:21
Ostmann, Petra		1. W50	02:41:22

Swim	Bike	Run	
	180	42,2	Km
19.11.2023 Ironman Cozumel, Cozumel, Mexiko			
Hunzinger, Nadine			09:27:05

Swim	Bike	Run	
	180	42,2	Km
Rohde, Mark			
			10:46:27

Swim	Bike	Run	
2	80	20	Km
06.08.2023 Frankfurt City Triathlon, Frankfurt			
Schmitt, Christian			04:14:28
Audersetz, Stephan			04:16:41
Wetzel, Sven			04:21:57
Rossini, Luca			04:24:14
Stillger, Nadine		1. W40	04:30:47

Swim	Bike	Run	
3,8	180	42,195	Km
10.09.2023 Ironman WM 2023, Nizza			
Poggendorff, Frank			14:50:30

14.10.2023 Ironman WM 2023, Kona			
Stillger, Nadine			10:33:57
Schießer, Christina			13:51:08

Swim	Bike	Run	
3,8	180	42,2	Km
25.06.2023 Datev Challenge Roth, Roth			
Irle, Max			08:59:37

Swim	Bike	Run	
3,8	182	42,2	Km
02.07.2023 Ironman Frankfurt, Frankfurt am Main			
Ziewers, Frank			09:52:57
Anger, Gunnar			09:58:05
Hofstetter, Hanna		1. W25	09:59:46
Pörschke, Hendrik			10:13:37
Schneider, Wilm			10:23:25
Schneider, Katja			10:38:43
Stillger, Nadine			10:48:51
Lehmann, Wolfgang			11:19:26
Poggendorff, Frank			11:20:25
Richter, Tobias			11:40:25
Rohde, Mark			11:48:05
Wieghardt, Julia			11:52:38
Schießer, Christina			11:54:51
Joseph, Jörg			14:15:34
App, Christoph			14:51:40