

0,06 Kilometer

05.02.2023 Hessische Senioren Hallenmeisterschaften 2023, Hanau

| | | |
|--------------------|--|----------|
| Schmitt, Sebastian | | 00:00:09 |
| Menk, Andreas | | 00:00:10 |

0,1 Kilometer

10.09.2023 HM Senioren, Offenbach

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| Menk, Andreas | 3. M50 | 00:00:17 |
| Weber, Christian | | 00:00:17 |

0,15 Kilometer

23.09.2023 31. Rodheimer Volkslauf, Rodheim

| | | |
|--------------|--------|----------|
| Galahn, Tara | 1. WU8 | 00:00:39 |
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0,2 Kilometer

05.02.2023 Hessische Senioren Hallenmeisterschaften 2023, Hanau

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| Schmitt, Sebastian | | 00:00:31 |
| Menk, Andreas | | 00:00:33 |

17.06.2023 Kreis-Einzelmeisterschaft, Erbach

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|---------------|--------|----------|
| Menk, Andreas | 2. M50 | 00:00:34 |
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05.07.2023 Pfungstädter Abendsportfest, Pfungstadt

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| Schmitt, Sebastian | 2. M50 | 00:00:31 |
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09.08.2023 Pfungstädter Abendsportfest, Pfungstadt

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| Schmitt, Sebastian | 2. M50 | 00:00:31 |
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10.09.2023 HM Senioren, Offenbach

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| Schmitt, Sebastian | | 00:00:32 |
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0,4 Kilometer

05.02.2023 Hessische Senioren Hallenmeisterschaften 2023, Hanau

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|--------------------|--------|----------|
| Winter, Mona | 1. W30 | 00:01:08 |
| Menk, Andreas | 3. M50 | 00:01:11 |
| Schmitt, Sebastian | | 00:01:14 |

23.04.2023 10. i-Lauf für Inklusion, Gelnhausen

| | | |
|--------------|--|----------|
| Galahn, Tara | | 00:01:52 |
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27.05.2023 43. Senioren-Sportfest, Edenkoben

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|---------------|--------|----------|
| Menk, Andreas | 3. M50 | 00:01:12 |
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05.07.2023 Pfungstädter Abendsportfest, Pfungstadt

| | | |
|---------------|--------|----------|
| Menk, Andreas | 2. M50 | 00:01:12 |
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0,4 Kilometer

09.08.2023 Pfungstädter Abendsportfest, Pfungstadt

| | | |
|---------------|--------|----------|
| Menk, Andreas | 1. M50 | 00:01:13 |
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10.09.2023 HM Senioren, Offenbach

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| Weber, Christian | | 00:01:09 |
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08.10.2023 Offenbacher Kartoffellauf, Offenbach

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| Galahn, Tara | 1. WU8 | 00:01:33 |
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0,55 Kilometer

05.02.2023 18.LuT Crosslauf, Sulzbach

| | | |
|--------------|--------|----------|
| Galahn, Tara | 2. WU8 | 00:03:22 |
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0,72 Kilometer

18.03.2023 EMS Crosslauf 2023, Stockstadt

| | | |
|--------------|--------|----------|
| Galahn, Tara | 2. WU8 | 00:03:21 |
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0,8 Kilometer

14.01.2023 13. Offenbacher Suppenschüssel-Crosslauf, Offenbach

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 1. M40 | 00:03:28 |
| Menk, Andreas | 3. M50 | 00:03:29 |
| Esser, Lothar | 1. M60 | 00:03:54 |

21.01.2023 Kahler Wald- und Crosslauf 2023, Kahl am Main

| | | |
|--------------|--------|----------|
| Galahn, Tara | 1. WU8 | 00:04:04 |
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05.02.2023 Hessische Senioren Hallenmeisterschaften 2023, Hanau

| | | |
|-------------------|--------|----------|
| Winter, Mona | 1. W30 | 00:02:36 |
| Baltruschat, Gabi | 1. W55 | 00:02:36 |

04.03.2023 Haibacher Crosslauf 2023, Haibach

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|--------------|--------|----------|
| Galahn, Tara | 2. WU8 | 00:03:05 |
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05.07.2023 Pfungstädter Abendsportfest, Pfungstadt

| | | |
|---------------------|--------|----------|
| Deifel, Rainer | 3. M55 | 00:02:28 |
| Gollan, Sarah Maria | 1. W40 | 00:02:41 |

09.08.2023 Pfungstädter Abendsportfest, Pfungstadt

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| Schmitt, Sebastian | 1. M50 | 00:02:44 |
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10.09.2023 HM Senioren, Offenbach

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|--------------------|--------|----------|
| Weber, Christian | 2. M50 | 00:02:28 |
| Steinbach, Joachim | 3. M70 | 00:03:48 |

0,9 Kilometer
03.10.2023 4. Rodenbacher Lauftag, Rodenbach

| | | |
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| Müller, Arne | | 00:04:24 |
| Galahn, Tara | | 00:05:10 |

1 Kilometer
10.04.2023 26. Störtebeker Straßenlauf, Ugant Schott

| | | |
|---------------|---------|----------|
| Galahn, Timon | 1. MU14 | 00:04:10 |
| Galahn, Tara | 1. WU8 | 00:05:19 |

27.05.2023 29. Schwanheimer Pfingstlauf, Frankfurt-Schwanheim

| | | |
|--------------|--------|----------|
| Müller, Arne | | 00:04:21 |
| Galahn, Tara | 2. WU8 | 00:04:55 |

02.06.2023 26. Wallauer Mittsommerlauf, Wallau

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|---------------|---------|----------|
| Galahn, Timon | 2. MU14 | 00:03:49 |
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16.06.2023 61. Schinderwaldlauf, Hofheim-Lorsbach

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|--------------|--------|----------|
| Galahn, Tara | 2. WU8 | 00:05:41 |
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25.06.2023 13. Volkslauf Sport gegen Armut, Schwalbach

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|---------------|---------|----------|
| Galahn, Timon | 1. MU14 | 00:03:58 |
|---------------|---------|----------|

30.07.2023 45. Hausener Volkswaldlauf, Obertshausen

| | | |
|-------------------------------------|--|----------|
| Barreira Drosdow, Alexander Michael | | 00:04:56 |
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10.09.2023 Lauf für mehr Zeit, Frankfurt am Main

| | | |
|---------------|---------|----------|
| Galahn, Timon | 2. MU14 | 00:03:55 |
| Galahn, Tara | 1. WU8 | 00:05:03 |

23.09.2023 31. Rodheimer Volkslauf, Rodheim

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|--------------|--|----------|
| Müller, Arne | | 00:04:12 |
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12.11.2023 50. Offenbacher Behörden- und Volkswaldlauf, Offenbach

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|--------------|--------|----------|
| Galahn, Tara | 3. WU8 | 00:04:08 |
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10.12.2023 37. Weiterstädter Nikolauslauf, Weiterstadt

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|--------------|--------|----------|
| Galahn, Tara | 2. WU8 | 00:05:11 |
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1,2 Kilometer
14.05.2023 16. Freigerichter Lauf und Walking Event, Freigericht

| | | |
|---------------|---------|----------|
| Galahn, Timon | 3. MU14 | 00:04:49 |
|---------------|---------|----------|

21.06.2023 23. Sommernachtslauf am Hufeisen, Linsengericht

| | | |
|---------------|---------|----------|
| Galahn, Timon | 1. MU14 | 00:04:41 |
| Galahn, Tara | 1. WU8 | 00:06:00 |

1,5 Kilometer
28.01.2023 Hessische Hallenmeisterschaften Aktive 2023, Frankfurt am Main-Kalbach

| | | |
|----------------------|---------|----------|
| Moser, Tania | 1. W30 | 00:04:39 |
| Künnemann, Katharina | 2. W30 | 00:04:57 |
| Poggendorff, Paulina | 2. WU20 | 00:05:00 |
| Baltruschat, Gabi | 1. W55 | 00:05:07 |

27.05.2023 43. Senioren-Sportfest, Edenkoben

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|---------------|--------|----------|
| Menk, Andreas | 3. M50 | 00:05:48 |
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16.06.2023 Meet-IN, Ingolstadt

| | | |
|-----------------|--|----------|
| Muck, Sebastian | | 00:04:21 |
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17.06.2023 Kreis-Einzelmeisterschaft, Erbach

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|---------------|--------|----------|
| Menk, Andreas | 1. M50 | 00:05:52 |
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18.06.2023 10. Eschathlon, Eschborn

| | | |
|-------------------------------------|--------|----------|
| Müller, Arne | | 00:06:15 |
| Bloss, Luisa | 1. WU8 | 00:06:17 |
| Barreira Drosdow, Alexander Michael | | 00:07:43 |

05.07.2023 Pfungstädter Abendsportfest, Pfungstadt

| | | |
|-------------------|--------|----------|
| Muck, Sebastian | | 00:04:19 |
| Baltruschat, Gabi | 1. W55 | 00:05:13 |

09.08.2023 Pfungstädter Abendsportfest, Pfungstadt

| | | |
|---------------|--------|----------|
| Menk, Andreas | 1. M50 | 00:05:51 |
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1,6 Kilometer
05.02.2023 18.LuT Crosslauf, Sulzbach

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|---------------|---------|----------|
| Galahn, Timon | 3. MU12 | 00:07:39 |
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18.03.2023 EMS Crosslauf 2023, Stockstadt

| | | |
|---------------|---------|----------|
| Galahn, Timon | 1. MU14 | 00:06:42 |
|---------------|---------|----------|

08.10.2023 14. Preungesheimer Dorflauf, Frankfurt-Preungesheim

| | | |
|----------------------------|--|----------|
| Cavernelis-Perju, Leo Cruz | | 00:09:14 |
| Bremicker, Martha | | 00:09:20 |

2 Kilometer
02.04.2023 41. Seligenstädter Wasserlauf, Seligenstadt

| | | |
|--------------|--|----------|
| Bloss, Luisa | | 00:10:26 |
|--------------|--|----------|

01.05.2023 39. Nieder-Erlenbacher Volkslauf, Frankfurt-Nieder Erlenbach

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|------------------------|---------|----------|
| Fabian, David Nikolaus | 3. MU12 | 00:08:14 |
| Müller, Arne | 2. MU10 | 00:09:18 |

21.05.2023 46. Steinberger Wald-Volkslauf, Dietzenbach

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|--------------|--|----------|
| Müller, Arne | | 00:09:31 |
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2 Kilometer

01.07.2023 22. Dieburger Stadtlauf, Dieburg

Galahn, Timon 00:07:53

10.12.2023 37. Weiterstädter Nikolauslauf, Weiterstadt

Galahn, Silas 1. MU18 00:08:52

2,2 Kilometer

04.03.2023 Haibacher Crosslauf 2023, Haibach

Galahn, Timon 1. MU14 00:09:19

2,5 Kilometer

07.05.2023 32. Frankfurter Lauf am Riedstadion, Frankfurt-Enkheim

Fabian, David Nikolaus 3. MU12 00:10:28

Fabian, Aidan 00:11:01

04.06.2023 16. Brunnenfestlauf, Oberursel

Galahn, Timon 3. MU14 00:10:24

2,8 Kilometer

21.01.2023 Kahler Wald- und Crosslauf 2023, Kahl am Main

Galahn, Silas 3. MU16 00:13:25

Galahn, Hendrik 3. MU18 00:13:37

2,9 Kilometer

17.09.2023 46. Internationaler Hugenottenlauf, Neu-Isenburg

Müller, Arne 00:13:05

3 Kilometer

29.01.2023 Hessische Hallenmeisterschaften Aktive 2023, Frankfurt am Main-Kalbach

Moser, Tania 1. W30 00:09:53

Poggendorff, Paulina 1. WU20 00:10:51

Baltruschat, Gabi 1. W55 00:10:52

Künnemann, Katharina 2. W30 00:10:54

05.02.2023 Hessische Senioren Hallenmeisterschaften 2023, Hanau

Baltruschat, Gabi 1. W55 00:11:17

Winter, Mona 1. W30 00:11:20

Menk, Andreas 3. M50 00:11:44

Steinbach, Lothar 2. M75 00:16:37

Steinbach, Joachim 3. M70 00:16:37

03.05.2023 Abendsportfest Pfungstadt, Pfungstadt

Schmitt, Sebastian 2. M50 00:12:36

3 Kilometer

02.06.2023 26. Wallauer Mittsommerlauf, Wallau

Galahn, Silas 00:12:30

16.06.2023 61. Schinderwaldlauf, Hofheim-Lorsbach

Galahn, Timon 3. MU14 00:13:16

Galahn, Silas 2. MU18 00:13:36

24.06.2023 2. Ikano Bank City Marathon, Wiesbaden

Müller, Arne 00:15:56

25.06.2023 13. Volkslauf Sport gegen Armut, Schwalbach

Galahn, Silas 2. MU18 00:13:04

Galahn, Hendrik 1. MU20 00:13:12

05.07.2023 Pfungstädter Abendsportfest, Pfungstadt

Buch, Oliver 2. M30 00:09:53

Moser, Tania 1. W30 00:09:54

Costadura, Clara 00:10:42

Winter, Mona 2. W30 00:10:51

Brendemühl, Heike 3. W30 00:11:28

12.07.2023 Abendsportfest Trebur 2023, Trebur

Baltruschat, Gabi 1. W55 00:10:59

Bijok, Jana 1. W30 00:11:02

29.07.2023 Südamerikameisterschaft 3000m Hindernis, Sao Paulo, Brasilien

Moser, Tania 0. W30 00:10:47

09.08.2023 Pfungstädter Abendsportfest, Pfungstadt

Muck, Sebastian 0. M20 00:09:08

Bijok, Jana 1. W30 00:10:45

Gollan, Sarah Maria 1. W40 00:11:27

Brendemühl, Heike 2. W30 00:11:46

06.09.2023 Abendsportfest der LG Dornburg, Westerburg

Steinbach, Lothar 2. M75 00:16:36

Steinbach, Joachim 2. M70 00:16:54

23.09.2023 31. Rodheimer Volkslauf, Rodheim

Galahn, Timon 3. MU14 00:13:38

08.10.2023 Offenbacher Kartoffellauf, Offenbach

Galahn, Timon 2. MU14 00:12:59

12.11.2023 50. Offenbacher Behörden- und Volkswaldlauf, Offenbach

Galahn, Timon 00:12:31

Galahn, Cora 1. W40 00:21:23

3,2 Kilometer

05.02.2023 18.LuT Crosslauf, Sulzbach

Galahn, Hendrik 3. MU18 00:18:08

3,2 Kilometer

Galahn, Silas 3. MU16 00:20:55

18.03.2023 EMS Crosslauf 2023, Stockstadt

Galahn, Silas 2. MU18 00:16:47

3,3 Kilometer

04.03.2023 Haibacher Crosslauf 2023, Haibach

Galahn, Silas 3. MU16 00:16:59

4 Kilometer

14.01.2023 13. Offenbacher Suppenschüssel-Crosslauf, Offenbach

Costadura, Clara 1. W20 00:16:26

Poggendorff, Paulina 1. WU20 00:16:46

Kaltenbach, Florian 2. M40 00:16:58

Reichert, Michael 3. M40 00:18:19

Menk, Andreas 3. M50 00:18:20

Esser, Lothar 2. M60 00:18:52

Poggendorff, Frank 2. M55 00:20:14

02.07.2023 22. Dieburger Stadtlauf, Dieburg

Galahn, Silas 3. MU18 00:17:06

Galahn, Hendrik 3. MU20 00:18:45

4,2 Kilometer

05.11.2023 Hessische Crosslaufmeisterschaften, Trebur

Baltruschat, Gabi 1. W55 00:17:51

Winter, Mona 1. W30 00:18:17

4,2195 Kilometer

29.10.2023 Mainova Minimarathon, Frankfurt am Main

Warnecke, Hannes 00:16:23

Hanisch, Clara 00:17:15

Galahn, Timon 00:18:25

Galahn, Silas 00:19:08

Ilzarbe Bartels, Victor 00:19:54

Müller, Arne 00:20:34

Sippel, Karl 00:20:34

Wilczek, Jan-Philipp 00:20:54

Fortun, Emma 00:24:33

Fortun, Chloé 00:29:19

Bremicker, Martha 00:29:20

4,35 Kilometer

25.11.2023 DM Cross, Perl, Saarland

Baltruschat, Gabi 1. W55 00:16:59

4,4 Kilometer

16.07.2023 18. Vogelsberger Südbahnlauf, Birstein

Galahn, Timon 1. MU14 00:19:43

Galahn, Silas 1. MU18 00:20:43

Galahn, Hendrik 1. MU20 00:22:26

5 Kilometer

14.01.2023 46. Pohlheimer Limes-Winterlaufserie Lauf 2, Pohlheim

Weyhknecht, Dagmar 3. W70 00:39:04

28.01.2023 42. Alten-Busecker Winterlaufserie, Alten-Buseck

Henne, Hermann Dr. 1. M70 00:24:50

12.02.2023 Monaco Run 2023, Monaco

Moser, Tania 00:16:53

18.02.2023 46. Seligenstädter Winterlaufserie, Lauf 4, Seligenstadt

Henne, Hermann Dr. 1. M70 00:26:07

26.02.2023 Crossmeisterschaften Kreis Frankfurt am Main, Frankfurt-Enkheim

Kollmeyer, Katrin 1. W45 00:20:35

Menk, Andreas 1. M50 00:21:07

02.04.2023 41. Seligenstädter Wasserlauf, Seligenstadt

Baltruschat, Gabi 1. W55 00:18:54

Bijok, Jana 2. W30 00:18:57

Borra, Chiara 00:20:59

Hanisch, Clara 1. WU16 00:21:58

10.04.2023 26. Störtebeker Straßenlauf, Uppgant Schott

Galahn, Silas 2. MU18 00:24:34

Galahn, Hendrik 3. MU20 00:25:35

Galahn-Schenck, Frank 00:26:05

15.04.2023 Emden Berglauf, Emden

Galahn, Timon 1. MU14 00:22:39

Galahn, Silas 1. MU18 00:24:34

Galahn, Cora 1. W40 00:38:42

22.04.2023 Hessische Meisterschaften Langstrecke, Mengerskirchen

Poggendorff, Paulina 1. WU20 00:19:04

23.04.2023 10. i-Lauf für Inklusion, Gelnhausen

Galahn, Silas 1. MU18 00:24:37

Galahn, Cora 1. W40 00:37:09

23.04.2023 50. Griesheimer Straßenlauf, Griesheim

Buch, Oliver 3. M30 00:17:23

5 Kilometer

| | | | |
|------------------------|---|----------|--|
| 01.05.2023 | 39. Nieder-Erlenbacher Volkslauf, Frankfurt-Nieder Erlenbach | | |
| Borra, Chiara | 1. W30 | 00:21:51 | |
| Breitenöder, Sophie | 1. WU20 | 00:25:29 | |
| 06.05.2023 | Deutsche Meisterschaften Langstrecke, Mittweida | | |
| Baltruschat, Gabi | 1. W55 | 00:18:54 | |
| 07.05.2023 | 32. Frankfurter Lauf am Riedstadion, Frankfurt-Enkheim | | |
| Warnecke, Hannes | 1. MU16 | 00:21:24 | |
| Hanisch, Clara | 1. WU16 | 00:21:26 | |
| Sippel, Karl | | 00:26:30 | |
| 13.05.2023 | Störlauf, Itzehoe | | |
| Nohe, Daniel | 0. M20 | 00:17:10 | |
| 14.05.2023 | 16. Freigerichter Lauf und Walking Event, Freigericht | | |
| Galahn, Silas | 1. MU18 | 00:28:22 | |
| Galahn, Hendrik | 1. MU20 | 00:30:12 | |
| Galahn-Schenck, Frank | 2. M50 | 00:32:50 | |
| Galahn, Cora | 1. W40 | 00:41:43 | |
| 21.05.2023 | 46. Steinberger Wald-Volkslauf, Dietzenbach | | |
| Warnecke, Hannes | | 00:20:49 | |
| Hanisch, Clara | 1. WU16 | 00:21:11 | |
| Galahn, Timon | | 00:22:01 | |
| 27.05.2023 | 29. Schwanheimer Pfingstlauf, Frankfurt-Schwanheim | | |
| Hanisch, Clara | 1. WU16 | 00:21:23 | |
| Ilzarbe Bartels, David | 1. MU18 | 00:21:53 | |
| Galahn, Timon | | 00:23:27 | |
| Fabian, David | | 00:24:39 | |
| Fabian, Aidan | | 00:25:11 | |
| Galahn-Schenck, Frank | 3. M50 | 00:25:54 | |
| Wilczek, Jan-Philipp | | 00:27:44 | |
| Bernardi, Clemens | 3. MU16 | 00:29:21 | |
| 04.06.2023 | 16. Brunnenfestlauf, Oberursel | | |
| Galahn, Silas | | 00:23:12 | |
| 21.06.2023 | Darmstädter Stadtlauf 2023, Darmstadt | | |
| Esser, Lothar | 2. M60 | 00:20:45 | |
| 24.06.2023 | 17. Ketteler-Lauf, Offenbach | | |
| Henne, Hermann Dr. | 1. M70 | 00:25:03 | |
| 25.06.2023 | 36. Citylauf, Kaiserslautern | | |
| Wiegerling, Michael | | 00:15:46 | |
| 02.07.2023 | 20. Oberstedter Mühlenlauf, Oberursel-Oberstedten | | |
| Emundts, Arndt | 2. M50 | 00:21:58 | |

5 Kilometer

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| 08.07.2023 | DM Leichtathletik, Kassel | | |
| Moser, Tania | | 00:17:01 | |
| 14.07.2023 | 16. Deichlauf, Neuwed | | |
| Gollan, Sarah Maria | 1. W40 | 00:20:02 | |
| 30.07.2023 | 45. Hausener Volkswaldlauf, Obertshausen | | |
| Costadura, Clara | 1. W20 | 00:18:30 | |
| Hanisch, Clara | 1. WU16 | 00:19:46 | |
| 04.08.2023 | 1. Düsseldorfer Laufnacht, Düsseldorf | | |
| Muck, Sebastian | 2. M20 | 00:15:52 | |
| 24.08.2023 | 9. Bürostadtlauf, Frankfurt am Main | | |
| Wiegerling, Michael | 1. M30 | 00:15:43 | |
| Molina Molina, Julian Andres | 1. M45 | 00:16:38 | |
| Kaltenbach, Florian | | 00:19:13 | |
| Brendemühl, Heike | 1. W30 | 00:19:32 | |
| Wittig, Jens | 2. M45 | 00:20:00 | |
| Winter, Mona | 2. W30 | 00:20:16 | |
| Kraft, Thilo | 2. M55 | 00:22:44 | |
| Schöler, Marc | 1. M60 | 00:24:34 | |
| 03.09.2023 | 15. Öko-Run, Wächtersbach | | |
| Galahn, Timon | 1. MU14 | 00:23:48 | |
| Galahn, Silas | 2. MU18 | 00:24:07 | |
| 03.09.2023 | Canyon RUN, Mühlheim | | |
| Ebeling, Johanna | 1. W30 | 00:24:29 | |
| 06.09.2023 | Pfungstädter Abendsportfest, Pfungstadt | | |
| Holesch, Nora | 1. W30 | 00:17:35 | |
| 10.09.2023 | HM Senioren, Offenbach | | |
| Weber, Christian | 1. M50 | 00:18:45 | |
| 10.09.2023 | Lauf für mehr Zeit, Frankfurt am Main | | |
| Molina Molina, Julian Andres | 1. M45 | 00:15:29 | |
| Winter, Mona | 1. W30 | 00:18:17 | |
| Teufel, Valentin | 2. M20 | 00:18:31 | |
| Henseler, Olaf | 1. M55 | 00:19:31 | |
| Breitenöder, Sophie | 2. WU20 | 00:21:40 | |
| Galahn, Silas | | 00:21:45 | |
| Breitenöder, Simon | | 00:23:21 | |
| Bittlingmaier, Hans | 2. M70 | 00:24:35 | |
| Lohfink, Marius | | 00:29:45 | |
| 10.09.2023 | Lauf für mehr Zeit - Walking, Frankfurt am Main | | |
| Galahn, Cora | 1. W40 | 00:35:27 | |
| 16.09.2023 | Delta parkrun, Johannesburg | | |
| Moeller, Marco-Ken | 0. M40 | 00:28:38 | |

5 Kilometer

17.09.2023 46. Internationaler Hugenottenlauf, Neu-Isenburg

| | | |
|------------------|---------|----------|
| Costadura, Clara | 1. W20 | 00:19:17 |
| Warnecke, Hannes | 0. MU16 | 00:22:17 |
| Galahn, Cora | 1. W40 | 00:39:22 |

17.09.2023 Rund um den Fühlinger See, Köln

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|--------------|--------|----------|
| Kahl, Niklas | 2. M20 | 00:18:15 |
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23.09.2023 31. Rodheimer Volkslauf, Rodheim

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| Galahn, Cora | 1. W40 | 00:38:04 |
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03.10.2023 4. Rodenbacher Lauftag, Rodenbach

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|---------------|--|----------|
| Galahn, Timon | | 00:23:38 |
|---------------|--|----------|

14.10.2023 41. Lindensee Laufserie 2023/2024, Rüsselsheim

| | | |
|--------------------|--------|----------|
| Henne, Hermann Dr. | 2. M70 | 00:26:51 |
|--------------------|--------|----------|

15.10.2023 30. Offenbacher Mainuferlauf, Offenbach

| | | |
|-------------------|---------|----------|
| Costadura, Clara | 1. W20 | 00:19:01 |
| Warnecke, Hannes | 2. MU16 | 00:20:17 |
| Kollmeyer, Katrin | 2. W45 | 00:20:34 |
| Hanisch, Clara | 1. WU16 | 00:20:42 |
| Galahn, Timon | | 00:24:45 |

18.11.2023 47. Winterlaufserie Seligenstadt Lauf 1, Seligenstadt

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 1. M40 | 00:19:11 |
| Ambrozova, Irena | 1. W35 | 00:19:45 |
| Klinkert, Benjamin | 1. M45 | 00:21:30 |

25.11.2023 41. Lindensee Laufserie 2023/2024, Rüsselsheim

| | | |
|------------------|--------|----------|
| Costadura, Clara | 1. W20 | 00:19:02 |
|------------------|--------|----------|

09.12.2023 RainbowRun 2023, Frankfurt am Main

| | | |
|------------------------------|--------|----------|
| Molina Molina, Julian Andres | 0. M45 | 00:17:59 |
| Straus, Alexander | 0. M50 | 00:26:09 |

16.12.2023 47. Winterlaufserie Seligenstadt Lauf 2, Seligenstadt

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 1. M40 | 00:18:45 |
| Klinkert, Benjamin | 1. M45 | 00:20:23 |

5,6 Kilometer

05.11.2023 Hessische Crosslaufmeisterschaften, Trebur

| | | |
|------------------|--------|----------|
| Weber, Christian | | 00:22:11 |
| Esser, Lothar | 3. M60 | 00:25:24 |
| Krauß, Jochen | | 00:25:25 |

6 Kilometer

08.10.2023 Offenbacher Kartoffellauf, Offenbach

| | | |
|--------------|--------|----------|
| Galahn, Cora | 1. W40 | 00:45:32 |
|--------------|--------|----------|

6 Kilometer

12.11.2023 50. Offenbacher Behörden- und Volkswaldlauf, Offenbach

| | | |
|-----------------------|---------|----------|
| Teufel, Valentin | 1. M20 | 00:22:09 |
| Kaptur, Ralph | 2. M50 | 00:25:48 |
| Galahn, Silas | 2. MU18 | 00:29:14 |
| Galahn-Schenck, Frank | | 00:29:43 |
| Galahn, Hendrik | 3. MU20 | 00:36:43 |

6,8 Kilometer

25.11.2023 DM Cross, Perl, Saarland

| | | |
|----------------------|--------|----------|
| Künnemann, Katharina | 0. W30 | 00:29:06 |
| Winter, Mona | 0. W30 | 00:29:42 |

7 Kilometer

29.04.2023 11. DAV Skinfit Frankensteinlauf, Darmstadt-Eberstadt

| | | |
|--------------------|--------|----------|
| Henne, Hermann Dr. | 2. M70 | 00:38:37 |
|--------------------|--------|----------|

21.06.2023 23. Sommernachtslauf am Hufeisen, Linsengericht

| | | |
|-----------------|---------|----------|
| Galahn, Silas | 3. MU18 | 00:36:24 |
| Galahn, Hendrik | 1. MU20 | 00:39:11 |

7,8 Kilometer

21.05.2023 4- Rainforestrun, Freiburg

| | | |
|-------------------|--------|----------|
| Pamuk, Ulrike Dr. | 1. W65 | 00:38:17 |
|-------------------|--------|----------|

8 Kilometer

14.01.2023 13. Offenbacher Suppenschüssel-Crosslauf, Offenbach

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 2. M40 | 00:35:26 |
| Esser, Lothar | 1. M60 | 00:38:57 |
| Menk, Andreas | | 00:39:54 |
| Reichert, Michael | 3. M40 | 00:42:15 |

03.10.2023 7. Kranlauf, Offenbach

| | | |
|------------------|--------|----------|
| Costadura, Clara | 1. W20 | 00:33:19 |
|------------------|--------|----------|

9 Kilometer

04.03.2023 27. Berglauf "Auf die Platte", Wiesbaden

| | | |
|------------------|--------|----------|
| Ambrozova, Irena | 1. W35 | 00:41:14 |
| Pacheco, Kent | | 00:51:56 |

9,4 Kilometer

10.09.2023 Hessische Meisterschaften Berglauf, Meißner-Abterode

| | | |
|----------------------|--------|----------|
| Kaltenbach, Florian | 1. M40 | 00:47:38 |
| Künnemann, Katharina | 1. W30 | 00:53:29 |

9,4 Kilometer

9,7 Kilometer

23.04.2023 32. SÜWAG-Energie-Feldberglauf, Oberursel

| | | |
|----------------------|---------|----------|
| Weber, Christian | 3. M50 | 00:50:50 |
| Kaltenbach, Florian | | 00:53:03 |
| Poggendorff, Paulina | 1. WU20 | 00:54:20 |
| Stillger, Nadine | 1. W40 | 00:55:59 |
| Wittmann, Kosha | | 00:58:21 |
| Poggendorff, Frank | | 00:59:13 |
| Knopp, Bernhard | | 01:01:02 |
| Häfner, Guido | | 01:01:20 |
| Jänisch, Nicole Dr. | | 01:17:40 |

9,9 Kilometer

29.04.2023 Deutsche Berglaufmeisterschaften 2023, Bühlertal

| | | |
|---------------------|--------|----------|
| Kistner, Sarah | 2. W20 | 00:50:48 |
| Holesch, Nora | 3. W30 | 00:51:36 |
| Weber, Christian | | 00:52:15 |
| Kaltenbach, Florian | | 00:54:39 |
| Esser, Lothar | | 00:55:25 |
| Winter, Mona | | 00:56:16 |
| Boden, Wiebke | | 00:57:16 |
| Bijok, Jana | | 00:57:34 |
| Menk, Andreas | | 01:00:32 |
| Makaryan, Sergey | | 01:05:45 |
| Gelsema, Astrid | | 01:06:54 |

10 Kilometer

07.01.2023 42. Winterlaufserie Rodgau 3. Lauf, Rodgau-Jügesheim

| | | |
|--------------------|--------|----------|
| Nohe, Daniel | | 00:34:56 |
| Heidl, Markus | 3. M30 | 00:35:10 |
| Moser, Tania | 1. W30 | 00:35:28 |
| Röckle, Silas | | 00:36:36 |
| Starostzik, Anna | 1. W35 | 00:37:59 |
| Mader, Theodor | | 00:40:27 |
| Teufel, Valentin | | 00:40:38 |
| Bijok, Jana | 3. W30 | 00:41:01 |
| Stillger, Nadine | 2. W40 | 00:41:42 |
| Menk, Andreas | | 00:44:09 |
| Butt, Miriam | | 00:46:21 |
| Reichert, Michael | | 00:46:41 |
| Kuhn, Peter | | 00:46:51 |
| Schmitt, Sebastian | | 00:48:07 |
| von Wolff, Ludwig | | 00:51:35 |
| Drews, Franz | | 00:52:21 |
| Möller, Marco-Ken | | 00:52:39 |
| Henne, Hermann Dr. | | 00:55:15 |
| Vahl, Jochen | | 01:02:28 |

08.01.2023 39. Goldbacher Wintercross Lauf 7, Goldbach

| | | |
|---------------------|--------|----------|
| Schießer, Christina | 1. W45 | 00:48:02 |
|---------------------|--------|----------|

10 Kilometer

Jochum, Peter 01:13:37

14.01.2023 40. Lindenseelaufserie 2022/2023 Lauf 3, Rüsselsheim

Huhn, Stephan 01:00:48

15.01.2023 39. Goldbacher Wintercross Lauf 8, Goldbach

Jochum, Peter 01:13:02

04.02.2023 42. Winterlaufserie Rodgau 4. Lauf, Rodgau-Jügesheim

| | | |
|----------------------|---------|----------|
| Golovitsyn, Nikita | 2. M40 | 00:33:20 |
| Bartels, Philipp | | 00:33:23 |
| Nohe, Daniel | | 00:34:22 |
| Moser, Tania | 1. W30 | 00:34:46 |
| Röckle, Silas | | 00:35:54 |
| Hemmer, Nico | | 00:36:42 |
| Starostzik, Anna | 1. W35 | 00:36:46 |
| Barcarolo, Pier | | 00:38:00 |
| Holesch, Nora | 3. W30 | 00:38:05 |
| Poggendorff, Paulina | 1. WU20 | 00:39:58 |
| Brendemühl, Heike | | 00:40:00 |
| Reichert, Michael | | 00:40:53 |
| Schneider, Katja | 3. W35 | 00:42:37 |
| Schießer, Christina | 1. W45 | 00:42:38 |
| Butt, Miriam | | 00:44:40 |
| Kuhn, Peter | | 00:46:30 |
| Mühler, Franziska | | 00:50:47 |
| Drews, Franz | | 00:50:55 |
| Tempera, Nuno | | 00:56:12 |
| Eichhorn, Stefan | | 00:56:13 |
| Peralta, Joana | | 00:56:31 |
| Vahl, Jochen | | 00:59:12 |

18.02.2023 37. Frühjahrslauf Groß-Gerau, Groß-Gerau

| | | |
|------------------|--------|----------|
| Unger, Robert | 1. M40 | 00:32:35 |
| Weber, Christian | 1. M50 | 00:38:56 |
| Esser, Lothar | 1. M60 | 00:41:48 |
| Diedrich, Simone | | 00:58:31 |

18.02.2023 46. Seligenstädter Winterlaufserie, Lauf 4, Seligenstadt

| | | |
|---------------------|--------|----------|
| Wiegerling, Michael | 1. M30 | 00:33:17 |
| Richter, Tobias | 3. M45 | 00:42:40 |

26.02.2023 15. Kristallmarathon, Merkers

| | | |
|--------------------|---------|----------|
| De Almeida, Rui | 1. M55 | 00:43:18 |
| De Almeida, Carlos | 2. MU18 | 00:50:43 |

05.03.2023 18. Offenbacher Rosenhöhe-Waldlauf, Offenbach

| | | |
|-----------------------|--------|----------|
| Wiegerling, Michael | 1. M30 | 00:33:27 |
| Gomez-Ruhland, Marisa | 1. W65 | 00:47:15 |
| Tempera, Nuno | | 00:59:53 |

05.03.2023 Kreis-Crossmeisterschaften Offenbach, Offenbach

Richter, Tobias 00:41:44

10 Kilometer

11.03.2023 39. Urmitzer Volkslauf, Urmitz

Gollan, Sarah Maria 1. W40 00:39:34

12.03.2023 45. Volkslauf "Rund um den Winterstein", Friedberg

Weber, Christian 2. M50 00:39:06

Pitzer, Florian 00:43:19

26.03.2023 27. Schneller Zehner, Rodenbach

Bijok, Jana 2. W30 00:40:38

Drews, Franz 00:51:39

Jochum, Peter 3. M65 01:03:24

01.04.2023 19. Engelberglauf, Großheubach

Nohe, Daniel 1. M20 00:37:36

Mühler, Franziska 1. W20 00:52:14

Jochum, Peter 3. M65 01:11:35

02.04.2023 41. Seligenstädter Wasserlauf, Seligenstadt

Bijok, Jana 1. W30 00:41:00

Baltruschat, Gabi 1. W55 00:41:01

Borra, Chiara 2. W30 00:43:11

Bastuck, Andreas 00:44:49

Mattern, Cliff 00:45:09

Gomez-Ruhland, Marisa 1. W65 00:46:51

Kublun, Sven 00:47:46

Pacheco, Kent 00:51:04

Schüßler, Arno 00:51:57

Galahn, Silas 00:53:35

Hanisch, Dirk 00:53:58

Dörr, Robert 00:54:30

Galahn, Hendrik 2. MU20 00:56:21

Steinbach, Lothar 2. M75 00:58:49

08.04.2023 43. Rotenburger Osterlauf, Rotenburg an der Fulda

Weber, Christian 1. M50 00:40:16

10.04.2023 42. Rodgauer Osterlauf, Rodgau-Jügesheim

Fischer, Christian 00:37:24

Starostzik, Anna 1. W35 00:37:27

Röckle, Silas 00:37:52

Kaltenbach, Florian 00:40:09

Herrmann, Michael 00:40:20

Gollan, Sarah Maria 1. W40 00:40:28

Boden, Wiebke 00:41:45

Hoffmann, Bodo 00:47:18

Jochum, Peter 01:05:51

15.04.2023 13. Polderlauf, Mainz-Laubenheim

Weber, Christian 1. M50 00:37:35

22.04.2023 Hessische Meisterschaften Langstrecke, Mengerskirchen

Moser, Tania 1. W30 00:36:40

Baltruschat, Gabi 1. W55 00:39:55

10 Kilometer

Schmitt, Sebastian 00:46:31

23.04.2023 10. i-Lauf für Inklusion, Gelnhausen

Borra, Chiara 2. W30 00:44:04

23.04.2023 50. Griesheimer Straßenlauf, Griesheim

Unger, Robert 1. M40 00:32:56

Schuwirth-Weiße, Anne 00:52:02

Drews, Franz 00:52:18

Vahl, Jochen 01:01:59

Jochum, Peter 3. M65 01:05:32

28.04.2023 16. Mainuferlauf, Rüsselsheim

Röckle, Silas 2. M30 00:37:22

Fischer, Christian 1. M20 00:37:45

Esser, Lothar 1. M60 00:43:06

01.05.2023 39. Nieder-Erlenbacher Volkslauf, Frankfurt-Nieder Erlenbach

Kaltenbach, Florian 2. M40 00:39:57

Borra, Chiara 1. W30 00:43:39

Breitenöder, Sophie 1. WU20 00:52:28

Müller, Hannelore 1. W70 01:08:54

07.05.2023 15. wumboR-Lauf, Rödermark

Drews, Franz 2. M60 00:52:49

Vahl, Jochen 3. M70 01:03:30

07.05.2023 32. Frankfurter Lauf am Riedstadion, Frankfurt-Enkheim

Unger, Robert 1. M40 00:33:03

Hempel, Karl 1. M35 00:34:47

Röckle, Silas 3. M30 00:37:30

Weber, Christian 2. M50 00:38:59

De Almeida, Rui 3. M55 00:42:25

Pitzer, Florian 00:42:52

Sippel, Konrad 00:43:33

Borra, Chiara 1. W30 00:43:47

Huhn, Stephan 00:44:45

Scherer, Robeer 00:44:49

Stock, Pascal 00:46:32

Giffoni, Perrine 00:51:38

Tempera, Nuno 00:52:06

Pacheco, Kent 00:52:49

Dörr, Robert 00:52:49

Straus, Alexander 00:53:32

Hanisch, Dirk 00:54:23

Breitenöder, Sophie 2. WU20 00:54:48

Breitenöder, Simon 00:54:48

Minet, Johannes 00:57:04

Peralta, Joana 00:58:07

Reichert, Michael 00:59:03

13.05.2023 Störlauf, Itzehoe

Nohe, Daniel 0. M20

10 Kilometer

14.05.2023 2. Trilho Urbano de Sao Vicente, Lissabon

De Almeida, Rui 00:55:50

18.05.2023 22. HK-Kreisstadt-Lauf, Hofheim

Unger, Robert 1. M40 00:32:46

Sippel, Konrad 00:42:08

Kraft, Thilo 00:45:03

Drews, Franz 00:50:29

Pacheco, Kent 00:50:46

Wünnenberg, Wolfgang 00:54:25

Bittlingmaier, Hans 3. M70 00:54:29

Rojas, Andres 00:55:34

Vahl, Jochen 00:59:57

Jochum, Peter 01:02:41

Müller, Hannelore 3. W70 01:05:05

21.05.2023 46. Steinberger Wald-Volkslauf, Dietzenbach

Müller, Tim Nikolas 3. M40 00:38:32

Wittig, Jens 3. M45 00:42:49

Bastuck, Andreas 00:45:11

Hoffmann, Bodo 00:45:27

Butt, Miriam 2. W40 00:47:37

Mattern, Cliff 00:48:35

Häuser, Wolfgang 3. M65 00:49:52

Galahn, Silas 00:52:01

Dörr, Robert 00:53:24

Giffoni, Perrine 00:54:35

Peralta, Joana 00:54:57

Hanisch, Dirk 00:55:45

Steinbach, Lothar 2. M75 01:01:06

Breitenöder, Simon 01:03:49

Galahn, Hendrik 2. MU20 01:03:49

Scheffold, Anna 01:04:26

Seit, Manfred 1. M80 01:06:24

26.05.2023 38. Straßenlauf des TSV 03, Riedstadt-Wolfskehlen

Coelho, Carlos 1. M60 00:39:14

27.05.2023 29. Schwanheimer Pfingstlauf, Frankfurt-Schwanheim

Unger, Robert 1. M40 00:33:02

Sippel, Mark Andree 3. M30 00:36:21

Röckle, Silas 00:38:06

Minet, Johannes 3. M35 00:38:44

Baltruschat, Gabi 1. W55 00:40:07

Barcarolo, Pier 00:40:45

Velando Escobar, Mauricio 00:41:18

Richter, Tobias 00:42:13

De Almeida, Rui 3. M55 00:42:46

Teufel, Valentin 00:43:01

Borra, Chiara 1. W30 00:43:54

Stock, Pascal 00:43:56

Lohfink, Marius 00:45:20

Henseler, Olaf 00:45:34

Butt, Miriam 00:48:12

Rezagholinia, Sandra 3. W35 00:48:17

10 Kilometer

Huhn, Stephan 00:48:58

Schmitt, Volker 00:50:50

Breitenöder, Sophie 3. WU20 00:51:58

Dörr, Robert 00:52:08

Düpre, Laura 00:52:18

Drews, Franz 00:52:36

Giffoni, Perrine 00:53:03

Mävers, Martin 00:53:15

Reinhardt, Volker 00:53:27

Weber, Christian 00:53:44

Pacheco, Kent 00:54:07

Schüßler, Arno 00:54:14

Rojas, Andres 00:54:58

Wünnenberg, Wolfgang 00:56:21

Breitenöder, Simon 00:56:24

Graf, Jutta 00:56:46

Bittlingmaier, Hans 00:58:36

Stadler, Tatjana 00:59:30

Steinbach, Lothar 2. M75 01:00:35

Vahl, Jochen 01:02:37

Seit, Manfred 3. M80 01:03:57

Galahn, Hendrik 3. MU20 01:05:05

29.05.2023 35. Volkslauf des TSV Krofdorf-Gleiberg, Wettenberg

Starostzik, Anna 1. W35 00:37:38

02.06.2023 26. Wallauer Mittsommerlauf, Wallau

Unger, Robert 1. M40 00:32:53

Hempel, Karl 1. M35 00:34:18

Pitzer, Florian 00:42:25

Schießer, Christina 1. W45 00:42:34

Huhn, Stephan 00:45:25

Drews, Franz 00:51:37

Rojas, Andres 00:57:06

Vahl, Jochen 01:01:37

Jochum, Peter 01:03:58

04.06.2023 16. Brunnenfestlauf, Oberursel

Wiegerling, Michael 2. M30 00:33:30

Emundts, Arndt 00:46:53

04.06.2023 Frankfurter Runden 2023, Frankfurt am Main

Eichhorn, Stefan 01:04:32

Von Mitschke-Collande, Adriana 01:05:59

16.06.2023 61. Schinderwaldlauf, Hofheim-Lorsbach

Häfner, Guido 2. M60 00:56:22

Pacheco, Kent 01:03:28

Galahn, Hendrik 3. MU20 01:10:22

18.06.2023 10. Eschathlon, Eschborn

Lohfink, Marius 00:43:58

Hanisch, Clara 1. WU16 00:53:48

Hanisch, Dirk 00:53:50

Damm, Reinhardt 01:01:12

10 Kilometer

Seit, Manfred 1. M80 01:03:07

24.06.2023 2. Ikano Bank City Marathon, Wiesbaden

Buch, Oliver 2. M30 00:35:52

30.06.2023 8. Internationaler Stadtlauf, Saarburg

Wiegerling, Michael 1. M30 00:33:12

28.07.2023 Südamerikameisterschaft 10000m, Sao Paulo, Brasilien

Moser, Tania 0. W30 00:36:14

29.07.2023 Adidas Runners City Night, Berlin

Starostzik, Anna 2. W35 00:35:41

29.07.2023 We can do MORE Spendenlauf, Höpfingen

Kaltenbach, Florian 0. M40 00:40:27

Winter, Mona 0. W30 00:41:19

Bijok, Jana 0. W30 00:41:32

Gollan, Sarah Maria 0. W40 00:42:19

30.07.2023 45. Hausener Volkswaldlauf, Obertshausen

Hempel, Karl 1. M35 00:33:34

Herzberg, Anna 1. W35 00:39:17

Weber, Christian 3. M50 00:39:23

Ambrozova, Irena 2. W35 00:41:56

Borra, Chiara 1. W30 00:46:14

Gomez-Ruhland, Marisa 1. W65 00:47:36

Dörr, Robert 00:51:50

Bittlingmaier, Hans 00:55:46

Steinbach, Lothar 2. M75 01:00:08

Seit, Manfred 2. M80 01:01:43

Zeeck, Jennifer 01:04:12

13.08.2023 32. Karbener Stadtlauf, Karben

Vetter, Tilbert 1. M60 00:42:29

Dörr, Robert 00:55:47

Seit, Manfred 2. M80 01:04:02

27.08.2023 11. Lahnparklauf, Wetzlar

Vetter, Tilbert 1. M60 00:40:56

27.08.2023 5. Burgwald Märchen Marathon, Rauschenberg

Grebe, Jessica 1. W35 00:54:03

03.09.2023 10 km Hessische Meisterschaften, Darmstadt

Unger, Robert 2. M40 00:33:25

Fischer, Christian 00:36:13

Holesch, Nora 2. W30 00:37:05

Bijok, Jana 3. W30 00:38:54

Coelho, Carlos 1. M60 00:39:04

Kaltenbach, Florian 00:39:50

Gollan, Sarah Maria 1. W40 00:39:53

Zein, Laura 00:40:28

Menk, Andreas 00:45:14

10 Kilometer

Ohme, Katrin 1. W60 00:46:23

Gomez-Ruhland, Marisa 1. W65 00:46:42

Graf, Jutta 2. W60 00:52:56

03.09.2023 6. Schneller Heiner by Espresso Ferrarese, Darmstadt

Müller, Tim Nikolas 2. M40 00:39:17

Gastmann, Daniel 3. M45 00:43:18

Drews, Franz 00:54:48

Vahl, Jochen 2. M70 01:00:02

03.09.2023 Canyon RUN, Mühlheim

Wilkens, Lovis 00:43:39

Breilmann, Anja 00:57:44

Bachmann, Winfried 1. M70 00:59:25

Damm, Reinhardt 00:59:25

10.09.2023 DM Straße 2023, Bad Liebenzell

Ohme, Katrin 3. W60 00:47:02

10.09.2023 Lauf für mehr Zeit, Frankfurt am Main

Nohe, Daniel 2. M20 00:34:00

Borgmann, Leonard Heinrich 00:36:16

Winter, Mona 1. W30 00:39:18

Hanisch, Clara 1. WU16 00:41:34

Henseler, Olaf 2. M55 00:43:38

Straus, Alexander 00:47:05

17.09.2023 46. Internationaler Hugenottenlauf, Neu-Isenburg

Hempel, Karl 1. M35 00:34:05

Wittig, Jens 3. M45 00:46:43

Heller, Aylene 2. W30 00:46:45

Brendemühl, Heike 3. W30 00:46:58

Walzel, Laura 00:47:02

De Almeida, Rui 3. M55 00:47:04

Ambrozova, Irena 2. W35 00:47:04

Kaltenbach, Florian 00:47:05

Borra, Chiara 00:47:27

Wilkens, Lovis 00:47:34

Butt, Miriam 2. W40 00:47:43

Stock, Pascal 00:47:49

Hoffmann, Bodo 00:49:40

Schöler, Marc 00:49:47

Lohfink, Marius 00:52:03

Breitenöder, Sophie 3. WU20 00:52:07

Hanisch, Dirk 00:52:35

Breitenöder, Simon 00:52:46

Galahn, Silas 00:52:56

Galahn-Schenck, Frank 00:55:22

Schüßler, Arno 00:55:36

Pacheco, Kent 00:56:22

Heinig, Thomas 00:56:33

Seit, Manfred 1. M80 00:58:45

Richter, Tobias 01:00:39

Steinbach, Lothar 2. M75 01:00:44

10 Kilometer

23.09.2023 31. Rodheimer Volkslauf, Rodheim

| | | |
|-----------------------|---------|----------|
| Unger, Robert | 1. M40 | 00:35:07 |
| De Almeida, Rui | 1. M55 | 00:43:25 |
| Borra, Chiara | 2. W30 | 00:45:10 |
| Schuwirth-Weiße, Anne | | 00:51:29 |
| Galahn, Silas | | 00:52:44 |
| Jégou, Jean-Louis | 3. M60 | 00:52:56 |
| Dörr, Robert | | 00:53:49 |
| Schüßler, Arno | | 00:54:51 |
| Galahn-Schenck, Frank | | 00:55:22 |
| Mühles, Franziska | | 00:55:31 |
| Tempera, Nuno | | 00:56:59 |
| Galahn, Hendrik | 3. MU20 | 00:58:01 |
| Peralta, Joana | | 00:58:40 |
| Seit, Manfred | 1. M80 | 01:05:23 |
| Brendlin, Christiane | | 01:12:20 |

24.09.2023 16. LIONS Dietzenbacher Stadtlauf, Dietzenbach

| | | |
|---------------------|--------|----------|
| Herrmann, Michael | 2. M40 | 00:38:32 |
| Teufel, Valentin | 3. M20 | 00:38:59 |
| Bittlingmaier, Hans | 1. M70 | 00:53:35 |

24.09.2023 Charity Mega Run, Bingen

| | | |
|--------------|--------|----------|
| Nohe, Daniel | 0. M20 | 00:37:22 |
|--------------|--------|----------|

24.09.2023 Remich, Luxemburg, ING Route du Vin

| | | |
|---------------------|--------|----------|
| Wiegerling, Michael | 2. M30 | 00:31:52 |
|---------------------|--------|----------|

01.10.2023 ENTEGA Nightrun, Darmstadt

| | | |
|---------------|--------|----------|
| Esser, Lothar | 1. M60 | 00:39:30 |
|---------------|--------|----------|

03.10.2023 33. Herbert-Fürböck-Lauf, Mühlthal

| | | |
|---------------|--------|----------|
| Esser, Lothar | 1. M60 | 00:50:17 |
|---------------|--------|----------|

03.10.2023 4. Rodenbacher Lauftag, Rodenbach

| | | |
|-----------------------|---------|----------|
| Tolsdorf, Josh | 3. M20 | 00:33:28 |
| Minet, Johannes | | 00:39:36 |
| De Almeida, Rui | 1. M55 | 00:41:42 |
| Ambrozova, Irena | 2. W35 | 00:41:49 |
| Wittig, Jens | 3. M45 | 00:42:27 |
| Esser, Lothar | 2. M60 | 00:43:01 |
| Hoffmann, Bodo | | 00:47:51 |
| Breitenöder, Sophie | 2. WU20 | 00:48:46 |
| Breitenöder, Simon | | 00:49:33 |
| Galahn, Silas | | 00:52:52 |
| Galahn-Schenck, Frank | | 00:52:59 |
| Schüßler, Arno | | 00:53:28 |
| Tempera, Nuno | | 00:53:46 |
| Peters, Jörg | | 00:56:23 |
| Peralta, Joana | | 00:57:08 |
| Galahn, Hendrik | 3. MU20 | 01:00:32 |

08.10.2023 14. Preungesheimer Dorflauf, Frankfurt-Preungesheim

| | | |
|--------------|--------|----------|
| Hemmer, Nico | 2. M20 | 00:39:43 |
|--------------|--------|----------|

10 Kilometer

| | | |
|---------------------|--------|----------|
| Teufel, Valentin | 3. M20 | 00:41:27 |
| Peiffer, Martin | | 00:55:21 |
| Bittlingmaier, Hans | 2. M70 | 00:58:18 |

15.10.2023 30. Offenbacher Mainuferlauf, Offenbach

| | | |
|-----------------------|---------|----------|
| Hempel, Karl | 1. M35 | 00:33:15 |
| Nohe, Daniel | | 00:34:22 |
| Golovitsyn, Nikita | 1. M40 | 00:34:24 |
| Heidl, Markus | 3. M35 | 00:34:37 |
| Röckle, Silas | 3. M30 | 00:36:36 |
| Holesch, Nora | 1. W30 | 00:36:54 |
| Bijok, Jana | 2. W30 | 00:38:35 |
| Coelho, Carlos | 1. M60 | 00:39:04 |
| Ambrozova, Irena | 1. W35 | 00:40:13 |
| Kaltenbach, Florian | | 00:40:13 |
| De Almeida, Rui | | 00:40:39 |
| Richter, Tobias | | 00:40:48 |
| Tschammler, Deniz | | 00:41:11 |
| Esser, Lothar | | 00:42:11 |
| Heller, Aylene | 3. W30 | 00:42:56 |
| Borra, Chiara | | 00:44:08 |
| Kublun, Sven | | 00:44:48 |
| Jessen, Niklas | | 00:45:15 |
| Bogosyan, Benjamin | | 00:45:24 |
| Walzel, Laura | | 00:45:33 |
| Hoffmann, Bodo | | 00:46:05 |
| Rezagholinia, Sandra | | 00:46:29 |
| Breitenöder, Sophie | 1. WU20 | 00:48:14 |
| Düpre, Laura | | 00:49:31 |
| Gomez-Ruhland, Marisa | 1. W65 | 00:49:32 |
| Peiffer, Martin | | 00:49:34 |
| Zeiss, Frank | | 00:50:01 |
| Galahn, Silas | | 00:51:59 |
| Galahn, Hendrik | | 00:52:13 |
| Galahn-Schenck, Frank | | 00:52:24 |
| Schüßler, Arno | | 00:52:29 |
| Tempera, Nuno | | 00:53:24 |
| Peralta, Joana | | 00:53:40 |
| Loske, Jennifer | | 00:53:53 |
| Sippel, Konrad | | 00:54:21 |
| Seit, Manfred | 3. M80 | 00:59:03 |
| Raab, Hubert | 3. M75 | 00:59:42 |

04.11.2023 43. Winterlaufserie Rodgau 1. Lauf, Rodgau-Jügesheim

| | | |
|---------------------|--------|----------|
| Hempel, Karl | 1. M35 | 00:33:15 |
| Tolsdorf, Josh | 2. M20 | 00:33:57 |
| Nohe, Daniel | | 00:35:39 |
| Moser, Tania | 1. W30 | 00:36:50 |
| Fischer, Christian | | 00:37:23 |
| Kaltenbach, Florian | | 00:38:42 |
| Baake, Jannick | | 00:38:49 |
| Boden, Wiebke | 3. W30 | 00:41:18 |
| Tschammler, Deniz | | 00:41:31 |
| Wittig, Jens | | 00:42:17 |
| Herzberg, Anna | 2. W35 | 00:43:13 |
| Poggendorff, Frank | 2. M55 | 00:44:15 |

10 Kilometer

| | | |
|---------------------|--------|----------|
| Richter, Tobias | | 00:44:16 |
| Wilkens, Lovis | | 00:44:33 |
| Gelsema, Astrid | 1. W55 | 00:44:40 |
| Schießer, Christina | 3. W45 | 00:45:02 |
| Huhn, Stephan | | 00:45:58 |
| Walzel, Laura | | 00:47:04 |
| Kuhn, Peter | 3. M60 | 00:47:14 |
| Zeiss, Michaela | | 00:51:02 |
| Ebeling, Johanna | | 00:51:43 |
| Zeiss, Frank | | 00:52:22 |
| Drews, Franz | | 00:52:49 |
| von Wolff, Ludwig | | 00:58:29 |
| Vahl, Jochen | | 00:59:22 |

05.11.2023 40. Goldbacher Wintercross Lauf 1, Goldbach

| | | |
|--------------|--------|----------|
| Winter, Mona | 1. W30 | 00:46:10 |
|--------------|--------|----------|

12.11.2023 40. Goldbacher Wintercross Lauf 2, Goldbach

| | | |
|--------------------|--------|----------|
| Winter, Mona | 1. W30 | 00:42:49 |
| Poggendorff, Frank | | 00:49:37 |

18.11.2023 47. Winterlaufserie Seligenstadt Lauf 1, Seligenstadt

| | | |
|-------------------|--------|----------|
| Bijok, Jana | 1. W30 | 00:38:03 |
| Richter, Tobias | | 00:44:37 |
| Storch, Christian | | 00:44:55 |
| Möller, Marco-Ken | | 00:46:59 |

19.11.2023 40. Goldbacher Wintercross Lauf 3, Goldbach

| | | |
|--------------|--------|----------|
| Winter, Mona | 1. W30 | 00:43:48 |
|--------------|--------|----------|

02.12.2023 43. Winterlaufserie Rodgau 2. Lauf, Rodgau-Jügesheim

| | | |
|---------------------|--------|----------|
| Hempel, Karl | 2. M35 | 00:33:27 |
| Heidl, Markus | | 00:34:44 |
| Nohe, Daniel | | 00:34:51 |
| Fischer, Christian | | 00:35:37 |
| Golovitsyn, Nikita | 3. M40 | 00:36:14 |
| Teufel, Valentin | | 00:38:36 |
| Ambrozova, Irena | 1. W35 | 00:39:22 |
| Kaltenbach, Florian | | 00:39:23 |
| Tschammler, Deniz | | 00:40:08 |
| Baake, Jannick | | 00:40:34 |
| Richter, Tobias | | 00:43:08 |
| Reichert, Michael | | 00:43:44 |
| Poggendorff, Frank | | 00:43:44 |
| Schießer, Christina | | 00:43:46 |
| Butt, Miriam | 3. W40 | 00:44:35 |
| Kuhn, Peter | | 00:46:46 |
| Huhn, Stephan | | 00:48:42 |
| Zeiss, Michaela | 3. W55 | 00:50:41 |
| Zeiss, Frank | | 00:52:40 |
| Drews, Franz | | 00:53:44 |
| von Wolff, Ludwig | | 00:54:33 |
| Vahl, Jochen | | 00:59:39 |

10 Kilometer

09.12.2023 RainbowRun 2023, Frankfurt am Main

| | | |
|----------------|--------|----------|
| Henseler, Olaf | 0. M55 | 00:42:46 |
| Kern, Dennis | 0. M20 | 00:47:04 |
| Grebe, Jessica | 0. W35 | 00:51:43 |
| Düpre, Laura | 0. W35 | 00:55:40 |

10.12.2023 11. Adventlauf, Mörfelden

| | | |
|---------------|--------|----------|
| Röckle, Silas | 2. M30 | 00:36:53 |
| Butt, Miriam | 1. W40 | 00:44:11 |

10.12.2023 37. Weiterstädter Nikolauslauf, Weiterstadt

| | | |
|---------------|--------|----------|
| Esser, Lothar | 1. M60 | 00:44:20 |
|---------------|--------|----------|

16.12.2023 47. Winterlaufserie Seligenstadt Lauf 2, Seligenstadt

| | | |
|-------------------|--------|----------|
| Richter, Tobias | 3. M45 | 00:42:45 |
| Storch, Christian | | 00:44:18 |
| Möller, Marco-Ken | | 00:47:42 |

30.12.2023 16. LIDL Sao Silvestre de Lisboa, Lissabon

| | | |
|-------------------|--|----------|
| De Almeida, Rui | | 00:44:58 |
| Straus, Alexander | | 00:54:53 |

31.12.2023 19. Britzinger Silvesterlauf, Britzingen

| | | |
|-------------------|--------|----------|
| Pamuk, Ulrike Dr. | 1. W65 | 00:54:36 |
|-------------------|--------|----------|

31.12.2023 28. Griesheimer Rewe Silvesterlauf, Griesheim

| | | |
|-------------------|--------|----------|
| Kahl, Niklas | 3. M20 | 00:36:45 |
| Möller, Marco-Ken | | 00:49:52 |

31.12.2023 45. Spiridon Mainova Silvesterlauf, Frankfurt am Main

| | | |
|------------------------|--------|----------|
| Peters, Jörg | | 00:32:26 |
| Stenzel, Jakob | | 00:32:26 |
| Stahl, Bastian-Dominic | 3. M30 | 00:33:57 |
| Hempel, Karl | | 00:34:27 |
| Wagner, Daniel | | 00:36:31 |
| Moser, Tania | 2. W30 | 00:36:43 |
| Arnold, Daniel | | 00:37:44 |
| Kistner, Sarah | 1. W20 | 00:37:49 |
| Minet, Johannes | | 00:38:16 |
| Uphoff, Tinka | 1. W40 | 00:38:52 |
| Zein, Laura | 2. W20 | 00:39:19 |
| Hemmer, Nico | | 00:39:28 |
| Fischer, Christian | | 00:39:28 |
| Hofstetter, Hanna | 3. W20 | 00:39:34 |
| Stillger, Nadine | 2. W40 | 00:39:50 |
| Ambrozova, Irena | 2. W35 | 00:39:56 |
| Teufel, Valentin | | 00:40:14 |
| Tschammler, Deniz | | 00:40:45 |
| Nohe, Daniel | | 00:42:33 |
| Küchler, Anna Emilia | | 00:42:34 |
| Heller, Aylene | | 00:43:08 |
| Schießer, Christina | 2. W45 | 00:43:40 |
| Sippel, Konrad | | 00:44:13 |
| Baum, Anna | 3. W35 | 00:44:22 |

10 Kilometer

| | | |
|---------------------------|--------|----------|
| Butt, Miriam | | 00:44:24 |
| Röckle, Silas | | 00:44:24 |
| Holljesiefken, Anke, Dr. | 3. W50 | 00:44:25 |
| Bohn, Birgitt | 2. W50 | 00:44:25 |
| Poggendorff, Frank | | 00:44:29 |
| Ohme, Katrin | 1. W60 | 00:46:46 |
| Schreiber, Susanne | 2. W55 | 00:46:52 |
| Kirst, Martin | | 00:47:12 |
| Breitenöder, Simon | | 00:47:29 |
| Peiffer, Martin | | 00:48:24 |
| Stein, Julia | | 00:48:47 |
| Gelsema, Astrid | | 00:48:51 |
| Kaptur, Ralph | | 00:49:04 |
| Hoffmann, Bodo | | 00:50:06 |
| Grebe, Jessica | | 00:51:49 |
| Kern, Fabian | | 00:54:12 |
| Hanisch, Dirk | | 00:55:01 |
| Galahn, Silas | | 00:55:37 |
| Wolfer, Nadine | | 00:57:19 |
| Galahn-Schenck, Frank | | 00:58:15 |
| Krauß, Jochen | | 00:59:07 |
| Wagner, Ulrike | | 00:59:15 |
| Matern, Clemens | | 01:01:15 |
| Steinbach, Lothar | 1. M75 | 01:01:51 |
| Uhling-Neumann, Christian | | 01:02:25 |
| Nowatzyk, Gaby Dr. | | 01:03:38 |
| Lohfink, Marius | | 01:04:02 |
| Menne, Ana Marcia | | 01:08:46 |

10,55 Kilometer

22.01.2023 45. Marathonstaffel Mörfelden, Mörfelden

| | | |
|---------------------|--------|----------|
| Nohe, Daniel | 0. M20 | 00:38:06 |
| Fischer, Christian | 0. M20 | 00:38:53 |
| Röckle, Silas | 0. M30 | 00:39:34 |
| Kinzler, Patrick | 0. M50 | 00:40:41 |
| Minet, Johannes | 0. M35 | 00:41:54 |
| Kaltenbach, Florian | 0. M40 | 00:43:44 |
| Stillger, Nadine | 0. W40 | 00:44:22 |
| Schießer, Christina | 0. W45 | 00:45:34 |
| Schöler, Marc | 0. M60 | 00:46:10 |
| Ambrozova, Irena | 0. W35 | 00:46:14 |
| Sumbeck, Imke | 0. W35 | 00:46:47 |
| Henseler, Olaf | 0. M55 | 00:46:51 |
| Esser, Lothar | 0. M60 | 00:47:15 |
| Richter, Tobias | 0. M45 | 00:47:16 |
| Slocinska, Monika | 0. W30 | 00:47:26 |
| Ambrozova, Irena | 0. W35 | 00:47:29 |
| De Almeida, Rui | 0. M55 | 00:48:11 |
| Lohfink, Marius | 0. M35 | 00:48:17 |
| Hunzinger, Nadine | 0. W35 | 00:48:18 |
| Esser, Lothar | 0. M60 | 00:48:23 |
| Lehmann, Wolfgang | 0. M60 | 00:48:48 |
| Butt, Miriam | 0. W40 | 00:49:12 |
| Wieghardt, Julia | 0. W20 | 00:49:23 |
| Goldhammer, Carsten | 0. M55 | 00:49:24 |

10,55 Kilometer

| | | |
|------------------|--------|----------|
| Huhn, Stephan | 0. M50 | 00:50:34 |
| Häfner, Guido | 0. M60 | 00:51:21 |
| Ilievics, Andre | 0. M50 | 00:54:03 |
| Pacheco, Kent | 0. M45 | 00:57:32 |
| Buhne, Peter Dr. | 0. M55 | 00:58:05 |
| Walz, Michael | 0. M65 | 00:59:05 |
| Knopp, Bernhard | 0. M60 | 00:59:39 |
| Rojas, Andres | 0. M55 | 00:59:49 |

12,2 Kilometer

06.05.2023 39. Internationaler Kandel-Berglauf, Waldkirch

| | | |
|-------------------|--------|----------|
| Pamuk, Ulrike Dr. | 2. W65 | 01:28:10 |
|-------------------|--------|----------|

14 Kilometer

03.06.2023 37. Brüder Grimm Lauf 2. Etappe, Rodenbach

| | | |
|-----------------------|--------|----------|
| Röckle, Silas | 1. M30 | 00:51:13 |
| Kaltenbach, Florian | | 00:53:22 |
| Esser, Lothar | 1. M60 | 00:56:41 |
| Sippel, Konrad | | 01:00:36 |
| Bastuck, Andreas | | 01:01:58 |
| Kublun, Sven | | 01:04:32 |
| Butt, Miriam | | 01:04:58 |
| Seidenstücker, Hans | | 01:06:12 |
| Schuwirth-Weiße, Anne | | 01:09:07 |

15 Kilometer

25.11.2023 41. Lindensee Laufserie 2023/2024, Rüsselsheim

| | | |
|------------------|--------|----------|
| Röckle, Silas | 1. M30 | 00:56:15 |
| Esser, Lothar | 1. M60 | 01:04:56 |
| Gastmann, Daniel | | 01:05:11 |
| Butt, Miriam | 1. W40 | 01:07:48 |

16 Kilometer

02.06.2023 37. Brüder Grimm Lauf 1. Etappe, Hanau

| | | |
|-----------------------|--------|----------|
| Röckle, Silas | 1. M30 | 01:03:21 |
| Kaltenbach, Florian | | 01:05:05 |
| Esser, Lothar | 1. M60 | 01:09:22 |
| Bastuck, Andreas | | 01:14:41 |
| Sippel, Konrad | | 01:15:12 |
| Seidenstücker, Hans | | 01:17:19 |
| Butt, Miriam | | 01:17:50 |
| Kublun, Sven | | 01:22:04 |
| Schuwirth-Weiße, Anne | | 01:24:41 |

03.06.2023 37. Brüder Grimm Lauf 3. Etappe, Neuenhasslau

| | | |
|---------------------|--------|----------|
| Röckle, Silas | 1. M30 | 01:06:44 |
| Kaltenbach, Florian | | 01:11:53 |
| Esser, Lothar | 1. M60 | 01:13:10 |
| Sippel, Konrad | | 01:22:29 |
| Bastuck, Andreas | | 01:23:34 |

16 Kilometer

| | |
|-----------------------|----------|
| Kublun, Sven | 01:26:23 |
| Seidenstücker, Hans | 01:29:01 |
| Schuwirth-Weiße, Anne | 01:29:48 |
| Butt, Miriam | 01:31:43 |

16,6 Kilometer

03.06.2023 17. Heusenstammer Kirchenlauf, Heusenstamm

| | | |
|--------------|--------|----------|
| Winter, Mona | 1. W30 | 01:10:17 |
|--------------|--------|----------|

17 Kilometer

04.06.2023 37. Brüder Grimm Lauf 4. Etappe, Gelnhausen

| | | |
|-----------------------|--------|----------|
| Röckle, Silas | 2. M30 | 01:13:28 |
| Esser, Lothar | 1. M60 | 01:19:16 |
| Kaltenbach, Florian | | 01:19:28 |
| Sippel, Konrad | | 01:26:03 |
| Bastuck, Andreas | | 01:29:31 |
| Kublun, Sven | | 01:37:10 |
| Seidenstücker, Hans | | 01:39:17 |
| Schuwirth-Weiße, Anne | | 01:40:16 |

17,6 Kilometer

03.12.2023 8. Argenthaler Quarzit Adventstrail, Argenthal

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | | 01:23:21 |
| Ambrozova, Irena | 1. W35 | 01:26:07 |
| Stock, Pascal | | 01:40:40 |

18 Kilometer

04.06.2023 37. Brüder Grimm Lauf 5. Etappe, Bad Orb

| | | |
|-----------------------|--------|----------|
| Röckle, Silas | 2. M30 | 01:15:57 |
| Kaltenbach, Florian | | 01:20:54 |
| Esser, Lothar | 1. M60 | 01:21:38 |
| Sippel, Konrad | | 01:30:27 |
| Kublun, Sven | | 01:32:41 |
| Bastuck, Andreas | | 01:35:08 |
| Schuwirth-Weiße, Anne | | 01:45:17 |
| Seidenstücker, Hans | | 01:48:39 |

18,2 Kilometer

14.05.2023 37. Internationaler Schluchseelauf, Schluchsee

| | | |
|-------------------|--------|----------|
| Pamuk, Ulrike Dr. | 2. W65 | 01:38:25 |
|-------------------|--------|----------|

19,7 Kilometer

16.04.2023 1. Wetzlarer Drachen-Trail-Run, Wetzlar

| | | |
|---------------|--|----------|
| Pacheco, Kent | | 02:03:07 |
|---------------|--|----------|

20 Kilometer

04.06.2023 Frankfurter Runden 2023, Frankfurt am Main

| | | |
|--------------------|--------|----------|
| Weber, Christian | 1. M50 | 01:24:32 |
| Silva Toledo, Aldo | | 02:08:50 |

24.09.2023 Trail Marathon Heidelberg, Heidelberg

| | | |
|---------------|--|----------|
| Menk, Andreas | | 02:01:44 |
|---------------|--|----------|

21,0975 Kilometer

12.02.2023 45. Halbmarathon der SKV Mörfelden, Mörfelden

| | | |
|------------------|--------|----------|
| Unger, Robert | 1. M30 | 01:11:22 |
| Röckle, Silas | 1. M30 | 01:21:32 |
| Teufel, Valentin | | 01:31:41 |
| Esser, Lothar | 1. M60 | 01:32:38 |
| Butt, Miriam | 2. W40 | 01:40:11 |
| Schöler, Marc | | 01:58:28 |
| Drews, Franz | | 02:00:00 |
| Dörr, Robert | | 02:14:41 |
| Vahl, Jochen | | 02:26:54 |
| Jochum, Peter | | 02:30:40 |

19.02.2023 Edreams Mitja Barcelona, Barcelona

| | | |
|-------------------|--|----------|
| Osterhoff, Stella | | 01:35:17 |
|-------------------|--|----------|

26.02.2023 15. Kristallmarathon, Merkers

| | | |
|------------------|--------|----------|
| Ambrozova, Irena | 1. W35 | 01:44:51 |
| Sippel, Konrad | | 01:56:51 |

26.02.2023 25. Wallernhäuser Wintercrosslauf, Nidda-Wallernhausen

| | | |
|------------------|--------|----------|
| Weber, Christian | 2. M50 | 01:33:43 |
|------------------|--------|----------|

04.03.2023 29. Marburger Lahntallauf, Marburg

| | | |
|------------------|--|----------|
| Diedrich, Simone | | 02:03:03 |
|------------------|--|----------|

05.03.2023 Semi de Paris, Paris

| | | |
|--------------|--------|----------|
| Nohe, Daniel | 0. M20 | 01:17:36 |
|--------------|--------|----------|

19.03.2023 21. Frankfurter Mainova Halbmarathon, Frankfurt am Main

| | | |
|----------------------------|--------|----------|
| Unger, Robert | 1. M40 | 01:11:08 |
| Wiegerling, Michael | 1. M30 | 01:11:25 |
| Abraham, Jonas | | 01:12:44 |
| Wiegele, Stefan | 1. M45 | 01:12:52 |
| Heidl, Markus | 3. M35 | 01:16:45 |
| Golovitsyn, Nikita | | 01:16:56 |
| Thomas, Marvin | | 01:17:33 |
| Licht, Johannes | | 01:19:35 |
| Starostzik, Anna | 2. W35 | 01:21:57 |
| Rossini, Luca | | 01:23:34 |
| Behnke, Thorsten | | 01:23:41 |
| Hemmer, Nico | | 01:23:52 |
| Arnold, Daniel | | 01:24:07 |
| Nohe, Daniel | | 01:24:24 |
| Borgmann, Leonard Heinrich | | 01:26:45 |

21,0975 Kilometer

| | | |
|--------------------------------|--------|----------|
| Drosdow, Eugen | | 01:26:47 |
| Kahl, Niklas | | 01:27:01 |
| Müller, Tim Nikolas | | 01:28:32 |
| Weber, Christian | | 01:28:43 |
| Stillger, Nadine | 2. W40 | 01:29:48 |
| Albert, Christian | 0. | 01:29:53 |
| Esser, Lothar | 1. M60 | 01:30:32 |
| Ambrozova, Irena | | 01:34:07 |
| Pitzer, Florian | | 01:34:26 |
| Wetzel, Sven | | 01:36:03 |
| Bastuck, Andreas | | 01:38:29 |
| Huhn, Stephan | | 01:38:31 |
| Lohfink, Marius | | 01:39:25 |
| Stock, Pascal | | 01:39:39 |
| Stenzel, Kurt | | 01:39:53 |
| Mattern, Cliff | | 01:39:58 |
| Hunzinger, Nadine | | 01:40:23 |
| Fischer, Dörte | | 01:40:31 |
| Barcarolo, Pier | | 01:43:19 |
| Bijok, Jana | 0. W30 | 01:43:27 |
| Gomez-Ruhland, Marisa | 1. W65 | 01:43:44 |
| Gollan, Sarah Maria | | 01:44:20 |
| Krauss, Jochen | | 01:45:03 |
| Minet, Johannes | | 01:45:03 |
| Müller, Daniel | | 01:46:02 |
| Velando Escobar, Mauricio | | 01:48:54 |
| De Almeida, Rui | | 01:48:55 |
| Wilczek, Stephan | | 01:49:33 |
| Stephan-Wesslin, Matthias | | 01:50:28 |
| Musholt, Silvia | | 01:53:12 |
| Hoffmann, Bodo | | 01:53:40 |
| Mehlmann, Alois | | 01:54:59 |
| Margulies, Marian | | 01:55:22 |
| Giffoni, Perrine | | 01:56:31 |
| Breitenöder, Sophie | | 01:56:35 |
| Pacheco, Kent | | 01:57:54 |
| Herrmann, Michael | | 01:57:57 |
| Graf, Jutta | | 01:58:31 |
| Lockhart, Ina | | 01:58:57 |
| Sippel, Konrad | | 01:59:12 |
| Mävers, Martin | | 01:59:50 |
| Düpre, Laura | | 01:59:50 |
| Hanisch, Dirk | | 02:00:47 |
| Grebe, Jessica | | 02:00:49 |
| Ilievics, Andre | | 02:01:22 |
| Kanngießer, Volker | | 02:03:14 |
| Heinig, Thomas | | 02:06:36 |
| Joseph, Jörg | | 02:07:14 |
| App, Christoph | | 02:08:39 |
| Tempera, Nuno | | 02:13:56 |
| Peralta, Joana | | 02:17:21 |
| Rolfö, Desideria | | 02:26:11 |
| Von Mitschke-Collande, Adriana | | 02:26:12 |
| Mongelli, Francesco Paolo | | 02:29:05 |
| Brendlin, Christiane | | 02:35:33 |

21,0975 Kilometer

| | | | |
|----------------------------|---|--|----------|
| 26.03.2023 | 46. Frühjahrslauf der LGV Marathon Gießen, Gießen | | |
| Winter, Mona | 1. W30 | | 01:25:29 |
| 26.03.2023 | Deutsche Halbmarathon Meisterschaften 2023, Freiburg | | |
| Wiegerling, Michael | | | 01:11:00 |
| Bartels, Philipp | | | 01:14:25 |
| Kaltenbach, Florian | | | 01:24:19 |
| Weber, Christian | | | 01:25:14 |
| Menne, Stephan | | | 01:36:27 |
| Pamuk, Ulrike Dr. | | | 01:46:26 |
| Steinbach, Lothar | | | 02:12:59 |
| 02.04.2023 | Generali Berliner Halbmarathon 2023, Berlin | | |
| Golovitsyn, Nikita | | | 01:14:37 |
| Muck, Sebastian | | | 01:14:43 |
| Moser, Tania | | | 01:16:04 |
| Schmitt, Christian | | | 01:32:44 |
| Deifel, Rainer | | | 01:36:53 |
| Hübner, Christian Frederic | | | 01:52:01 |
| Möller, Marco-Ken | | | 01:54:30 |
| 08.04.2023 | 75.Paderborner Osterlauf, Paderborn | | |
| Winter, Mona | 1. W30 | | 01:25:28 |
| 15.04.2023 | Eresburglauf 2023, Marsberg | | |
| Esser, Lothar | 1. M60 | | 01:40:40 |
| 23.04.2023 | 20. Ochsner Sport Zürich Marathon, Zürich | | |
| Gollan, Sarah Maria | 3. W40 | | 01:28:58 |
| Bijok, Jana | | | 01:29:31 |
| 23.04.2023 | 40. Vienna City Marathon, Wien | | |
| Brendlin, Christiane | | | 03:01:46 |
| 23.04.2023 | 50. Griesheimer Straßenlauf, Griesheim | | |
| Esser, Lothar | 2. M60 | | 01:34:36 |
| 23.04.2023 | Deutsche Post Marathon Bonn, Bonn | | |
| Herrmann, Michael | | | 01:27:20 |
| 23.04.2023 | SAS Heidelberger Halbmarathon, Heidelberg | | |
| Sippel, Konrad | | | 01:40:27 |
| De Almeida, Rui | | | 01:54:05 |
| Deweil, Kerstin | | | 02:13:34 |
| 07.05.2023 | 15. wumboR-Lauf, Rödermark | | |
| Jochum, Peter | 1. M65 | | 02:31:39 |
| 07.05.2023 | 21. Gutenberg Marathon Mainz, Mainz | | |
| Fischer, Christian | | | 01:21:34 |
| Deifel, Rainer | 3. M55 | | 01:28:57 |
| Winter, Mona | 2. W30 | | 01:30:56 |
| Schmitt, Volker | | | 01:52:56 |

21,0975 Kilometer

Heinig, Thomas 02:00:31

20.05.2023 ING Night Marathon Luxembourg, Luxembourg

Seidenstücker, Hans 01:53:30
Straus, Alexander 01:57:10

21.05.2023 46. Steinberger Wald-Volkslauf, Dietzenbach

Röckle, Silas 2. M30 01:22:52
Minet, Johannes 1. M35 01:25:23
Kraft, Thilo 01:39:13
Stock, Pascal 01:40:51
Breitenöder, Sophie 1. WU20 02:02:14

18.06.2023 10. Eschathlon, Eschborn

Drosdow, Eugen 2. M45 01:26:19
Gastmann, Daniel 01:32:57
Sippel, Konrad 01:35:09
Baum, Anna 2. W35 01:37:12
Pitzer, Florian 01:39:58
Osterhoff, Stella 01:50:15
Wessel, Markus 01:56:29
Schüßler, Arno 02:01:03
Drews, Franz 02:04:08
Vormwald, Ursula 1. W65 02:07:25
Reichert, Michael 02:14:58

18.06.2023 10. Eschathlon - Staffel, Eschborn

Kollmeyer, Katrin 1. W45 01:35:16

18.06.2023 Hessische Halbmarathonmeisterschaften, Eschborn

Wiegerling, Michael 1. M30 01:12:02
Unger, Robert 3. M40 01:14:21
Bartels, Philipp 01:15:57
Abraham, Jonas 2. M20 01:16:47
Nohe, Daniel 01:21:26
Röckle, Silas 01:24:35
Kaltenbach, Florian 01:25:31
Minet, Johannes 3. M35 01:25:39
Winter, Mona 1. W30 01:26:19
Weber, Christian 01:27:47
Stillger, Nadine 1. W40 01:30:54
Deifel, Rainer 01:31:07
Zein, Laura 2. W20 01:31:19
Esser, Lothar 2. M60 01:31:52
Wittig, Jens 01:34:33
Küchler, Anna Emilia 3. W20 01:35:34
Krauss, Jochen 01:36:35
Kraft, Thilo 01:37:59
Gelsema, Astrid 1. W55 01:38:08
Menk, Andreas 01:38:08
Gomez-Ruhland, Marisa 1. W65 01:44:40
Wetzenstein, Wiltrud 3. W50 01:45:33
Steinbach, Lothar 1. M75 02:17:33
Steinbach, Joachim 3. M70 02:17:34

21,0975 Kilometer

25.06.2023 29. Hella Halbmarathon, Hamburg

Deifel, Rainer 2. M55 01:32:53
Osterhoff, Stella 01:51:37

02.07.2023 10. Seiser Halbmarathon, Compatsch, Italien

Kraft, Thilo 02:07:34

30.07.2023 14. Rheingauer Halbmarathon, Oestrich-Winkel

Licht, Johannes 2. M30 01:20:59
Margulies, Marian 3. M60 01:49:25

30.07.2023 45. Hausener Volkswaldlauf, Obertshausen

Unger, Robert 1. M40 01:13:24
Minet, Johannes 1. M35 01:24:43
Drosdow, Eugen 2. M45 01:24:47
Gastmann, Daniel 01:30:21
Esser, Lothar 1. M60 01:31:47
Henseler, Olaf 3. M55 01:33:26
Kraft, Thilo 01:41:14
Hoffmann, Bodo 01:44:13
Stock, Pascal 01:46:51
Huhn, Stephan 01:59:19

12.08.2023 26. Güttersbacher Volkslauf, Güttersbach

Gelsema, Astrid 2. W55 01:46:49

13.08.2023 16. Allgäu Panorama Marathon, Sonthofen

Menk, Andreas 01:45:15

13.08.2023 32. Karbener Stadtlauf, Karben

Esser, Lothar 1. M60 01:31:37
Sippel, Konrad 01:34:05
Engelhardt, Jörg 01:53:38

19.08.2023 BMW Helsinki Marathon, Helsinki

Schmitt, Volker 01:55:06

27.08.2023 43. Koberstädter Waldmarathon, Egelsbach

Minet, Johannes 1. M35 01:25:32
Henseler, Olaf 2. M55 01:34:44
Reichert, Michael 01:37:55
Gelsema, Astrid 2. W55 01:41:58
Chen, Qunxiong 01:50:25
Häfner, Guido 01:52:53
Pacheco, Kent 02:00:28
Huhn, Stephan 02:00:43
Graf, Jutta 2. W60 02:00:52

03.09.2023 Canyon RUN, Mühlheim

Osterhoff, Stella 3. W40 01:43:08
Motel, Jens 01:53:15
Pressmar, Michael 02:08:28

21,0975 Kilometer

10.09.2023 20. Nibelungenlauf, Worms

Vetter, Tilbert 1. M60 01:30:10

10.09.2023 Wizz Air Budapest Halfmarathon, Budapest, Ungarn

Fischer, Christian 01:18:52

17.09.2023 46. Internationaler Hugenottenlauf, Neu-Isenburg

| | | |
|---------------------------|--------|----------|
| Unger, Robert | 1. M40 | 01:14:29 |
| Röckle, Silas | 3. M30 | 01:23:20 |
| Weber, Christian | 2. M50 | 01:25:52 |
| Barcarolo, Pier | 2. M20 | 01:29:09 |
| Teufel, Valentin | 3. M20 | 01:30:16 |
| Velando Escobar, Mauricio | | 01:30:39 |
| Henseler, Olaf | 2. M55 | 01:34:00 |
| Jessen, Niklas | | 01:40:05 |
| Wetzenstein, Wiltrud | 2. W50 | 01:43:27 |
| Kublun, Sven | | 01:45:06 |
| Wessel, Markus | | 01:52:03 |
| Haub, Matthias | | 01:58:23 |
| Rojas, Andres | | 02:04:49 |
| Dörr, Robert | | 02:07:33 |
| Floeth, Anke | | 02:07:48 |
| Joseph, Jörg | | 02:08:58 |
| Vormwald, Ursula | 1. W65 | 02:09:55 |
| Huhn, Stephan | | 02:11:48 |
| Raab, Hubert | 3. M75 | 02:25:52 |

17.09.2023 Kassel Marathon, Kassel

Starostzik, Anna 2. W35 01:19:24

23.09.2023 31. Rodheimer Volkslauf, Rodheim

| | | |
|---------------------|---------|----------|
| Nohe, Daniel | 1. M20 | 01:22:28 |
| Henseler, Olaf | 1. M55 | 01:34:20 |
| Esser, Lothar | 1. M60 | 01:35:02 |
| Lohfink, Marius | | 01:38:18 |
| Kraft, Thilo | 3. M55 | 01:41:02 |
| Ohme, Katrin | 1. W60 | 01:42:43 |
| Breitenöder, Sophie | 1. WU20 | 01:48:10 |
| Huhn, Stephan | | 01:53:51 |
| Breitenöder, Simon | 1. MU18 | 02:02:31 |
| Giffoni, Perrine | 2. W20 | 02:09:10 |

01.10.2023 18. swb-Marathon Bremen, Bremen

Wittig, Jens 01:32:06

01.10.2023 20. Aschaffener Halbmarathon, Aschaffenburg

| | | |
|---------------|--------|----------|
| Winter, Mona | 1. W30 | 01:30:37 |
| Hanisch, Dirk | | 01:57:39 |
| Klein, Marcus | | 01:58:43 |

01.10.2023 25. Generali Köln Marathon, Köln

| | | |
|----------------------------|--------|----------|
| Moser, Tania | 1. W30 | 01:17:52 |
| Borgmann, Leonard Heinrich | | 01:23:27 |
| Hofstetter, Hanna | | 01:26:31 |
| Jaspers, Johannes | | 01:31:17 |

21,0975 Kilometer

| | |
|-------------------|----------|
| Straus, Alexander | 01:53:09 |
| Pense, Till | 01:56:36 |

03.10.2023 33. Herbert-Fürböck-Lauf, Mühlthal

Reichert, Michael 01:43:31

03.10.2023 4. Rodenbacher Lauftag, Rodenbach

| | | |
|---------------------|--------|----------|
| Wiegerling, Michael | 2. M30 | 01:10:14 |
| Bartels, Philipp | | 01:14:58 |
| Holesch, Nora | 1. W30 | 01:20:00 |
| Röckle, Silas | | 01:20:53 |
| Teufel, Valentin | | 01:29:14 |
| Henseler, Olaf | 1. M55 | 01:30:52 |
| Kraft, Thilo | | 01:37:35 |
| Ohme, Katrin | 1. W60 | 01:40:23 |
| Lohfink, Marius | | 01:41:06 |
| Huhn, Stephan | | 01:56:30 |
| Drews, Franz | | 01:57:14 |
| Vahl, Jochen | | 02:21:04 |

08.10.2023 Generali München Marathon, München

Herrmann, Michael 01:23:56

15.10.2023 30. Offenbacher Mainuferlauf, Offenbach

| | | |
|----------------------|---------|----------|
| Wiegerling, Michael | 1. M30 | 01:10:42 |
| Weber, Christian | 2. M50 | 01:23:05 |
| Kahl, Niklas | | 01:24:07 |
| Hemmer, Nico | | 01:25:06 |
| Minet, Johannes | | 01:25:10 |
| Teufel, Valentin | | 01:25:23 |
| Boden, Wiebke | 2. W30 | 01:30:39 |
| Deifel, Rainer | | 01:31:10 |
| Bastuck, Andreas | | 01:31:40 |
| Gelsema, Astrid | 1. W55 | 01:33:58 |
| Esser, Lothar | 1. M60 | 01:34:08 |
| Wittig, Jens | | 01:37:35 |
| Kraft, Thilo | | 01:38:19 |
| Wetzenstein, Wiltrud | 2. W50 | 01:39:46 |
| Ohme, Katrin | 1. W60 | 01:41:59 |
| Wilczek, Ann-Katrin | | 01:42:23 |
| Wilczek, Stephan | | 01:42:48 |
| Menne, Stephan | 3. M60 | 01:44:02 |
| Meissner, Michael | | 01:44:34 |
| Margulies, Marian | | 01:45:27 |
| Hoffmann, Bodo | | 01:45:52 |
| Schöler, Marc | | 01:48:02 |
| Schreiber, Susanne | | 01:48:02 |
| Katz, Stephanie | | 01:48:19 |
| Breitenöder, Simon | 2. MU18 | 01:49:27 |
| Sippel, Konrad | | 01:49:31 |
| Mehlmann, Alois | 2. M70 | 01:52:08 |
| Breitenöder, Sophie | 2. WU20 | 01:52:22 |
| Haub, Matthias | | 01:53:11 |
| Lockhart, Ina | | 01:54:27 |
| Drews, Franz | | 01:57:44 |
| Huhn, Stephan | | 02:01:22 |

21,0975 Kilometer

| | |
|--------------------|----------|
| Hanisch, Dirk | 02:01:37 |
| Bachmann, Winfried | 02:10:54 |
| Vahl, Jochen | 02:10:59 |
| Damm, Reinhardt | 02:17:37 |

22.10.2023 17. Müggelsee-Halbmarathon, Berlin

| | | |
|-----------------|--------|----------|
| Duymelinck, Uwe | 2. M70 | 02:03:55 |
|-----------------|--------|----------|

22.10.2023 32. Trinidad Alfonso Zurich Half Marathon, Valencia

| | |
|-----------------|----------|
| De Almeida, Rui | 01:35:20 |
|-----------------|----------|

29.10.2023 SwissCityMarathon 2023, Luzern, Schweiz

| | |
|----------------|----------|
| Deifel, Rainer | 01:31:21 |
|----------------|----------|

10.12.2023 23. Siebengebirgsmarathon, Bad Honnef

| | | |
|------------------|--------|----------|
| Ambrozova, Irena | 1. W35 | 01:40:23 |
|------------------|--------|----------|

10.12.2023 Malaga Marathon, Malaga

| | | |
|-----------------|---------|----------|
| Tolsdorf, Josh | 2. MU23 | 01:12:53 |
| Bijok, Jana | | 01:23:56 |
| Becker, Martina | | 02:30:17 |

31.12.2023 51. Sparkasse Gießen Silvesterlauf, Gießen

| | |
|-----------------|----------|
| Pitzer, Florian | 01:44:51 |
|-----------------|----------|

25 Kilometer

02.04.2023 41. Seligenstädter Wasserlauf, Seligenstadt

| | | |
|------------------|--------|----------|
| Weber, Christian | 1. M50 | 01:43:36 |
| Winter, Mona | 1. W30 | 01:44:26 |
| Henseler, Olaf | 3. M55 | 01:57:28 |
| De Almeida, Rui | | 01:57:39 |
| Häuser, Wolfgang | | 02:09:46 |
| Huhn, Stephan | | 02:24:04 |

26 Kilometer

04.03.2023 27. Berglauf "Auf die Platte", Wiesbaden

| | | |
|---------------------|----------|----------|
| Arnold, Daniel | 02:02:43 | |
| Weber, Christian | 2. M50 | 02:12:24 |
| Kaltenbach, Florian | | 02:13:07 |
| Stillger, Nadine | 1. W40 | 02:16:10 |
| Huhn, Stephan | | 02:51:26 |

30 Kilometer

12.03.2023 45. Volkslauf "Rund um den Winterstein", Friedberg

| | | |
|---------------|--------|----------|
| Winter, Mona | 1. W30 | 02:13:01 |
| Huhn, Stephan | | 03:05:09 |
| Jochum, Peter | | 03:49:38 |

01.04.2023 Ötzi Trailrun, Naturns, Italien

| | | |
|----------------|--------|----------|
| Kistner, Sarah | 1. W20 | 03:28:38 |
|----------------|--------|----------|

30 Kilometer

04.06.2023 Frankfurter Runden 2023, Frankfurt am Main

| | | |
|---------------------------|--------|----------|
| Velando Escobar, Mauricio | 2. M45 | 02:20:59 |
| Poggendorff, Frank | 3. M55 | 02:41:10 |
| Deweil, Kerstin | | 03:13:44 |
| Margulies, Marian | 3. M60 | 03:17:20 |

33,333 Kilometer

19.03.2023 40. Syltlauf, Tinnum auf Sylt

| | | |
|-----------------|--------|----------|
| Vetter, Tilbert | 1. M60 | 02:41:21 |
| Bohr, Werner | 2. M70 | 03:09:55 |

34,4 Kilometer

25.02.2023 VRU Trail, Totana, Spanien

| | | |
|----------------|--------|----------|
| Pracht, Stefan | 2. M55 | 03:39:52 |
|----------------|--------|----------|

35,4 Kilometer

16.04.2023 1. Wetzlarer Drachen-Trail-Run, Wetzlar

| | | |
|----------------|--------|----------|
| Arnold, Daniel | 2. M30 | 02:56:53 |
|----------------|--------|----------|

39,185 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

| | | |
|----------------|--------|----------|
| Dinges, Ursula | 1. W80 | 06:00:00 |
|----------------|--------|----------|

40 Kilometer

04.06.2023 Frankfurter Runden 2023, Frankfurt am Main

| | | |
|-------------------|--------|----------|
| Arnold, Daniel | 1. M30 | 03:07:35 |
| Kaptur, Ralph | 1. M50 | 03:44:07 |
| Osterhoff, Stella | 2. W40 | 03:46:17 |
| Hunzinger, Nadine | 1. W35 | 03:46:49 |

42,195 Kilometer

26.02.2023 15. Kristallmarathon, Merkers

| | |
|----------------|----------|
| Hoffmann, Bodo | 03:59:01 |
|----------------|----------|

05.03.2023 Tokio Marathon 2023, Tokio

| | |
|----------------------|----------|
| Wiegele, Stefan | 02:36:08 |
| Grendelmeier, Sandra | 04:03:22 |
| Bohr, Werner | 04:03:47 |

12.03.2023 45. Volkslauf "Rund um den Winterstein", Friedberg

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 1. M40 | 03:03:29 |
|---------------------|--------|----------|

12.03.2023 48. Bienwald-Marathon Kandel, Kandel

| | | |
|---------------|--------|----------|
| Unger, Robert | 1. M40 | 02:32:17 |
|---------------|--------|----------|

42,195 Kilometer

Esser, Lothar 2. M60 03:12:05

26.03.2023 ADAC Hannover Marathon 2023, Hannover

Röckle, Silas 03:01:36
Butt, Miriam 03:38:16
Diedrich, Simone 04:19:11

17.04.2023 127. Boston Marathon, Boston

Abraham, Jonas 02:34:13

23.04.2023 20. Ochsner Sport Zürich Marathon, Zürich

Keese, Daniel 03:13:14
Hübner, Christian Frederic 04:26:36

23.04.2023 40. Vienna City Marathon, Wien

Starostzik, Anna 02:55:21

23.04.2023 Haspa Marathon Hamburg, Hamburg

Minet, Johannes 02:55:11
Henseler, Olaf 03:26:29
Kraft, Thilo 03:28:28
Musholt, Silvia 04:07:07
von Wolff, Ludwig 04:42:11

07.05.2023 21. Gutenberg Marathon Mainz, Mainz

Gollan, Sarah Maria 1. W40 03:18:03
Rojas, Andres 04:25:05

13.05.2023 50. Gutsmuths Rennsteiglauf, Neuhaus am Rennsteig

Herrmann, Michael 03:17:13

21.05.2023 31. andre-media Marathon, Regensburg

Biedermann, Wolfgang 1. M80 06:35:00

19.08.2023 BMW Helsinki Marathon, Helsinki

Unger, Robert 1. M40 02:35:16

02.09.2023 Marathon du Medoc, Medoc, Frankreich

Peralta, Joana 05:35:13
Tempera, Nuno 07:02:09

09.09.2023 30. Jungfrau Marathon, Interlaken, Schweiz

Boden, Wiebke 05:08:45
Gelsema, Astrid 05:46:33

24.09.2023 49. Berlin Marathon, Berlin

Abraham, Jonas 02:35:51
Lieberknecht, Philipp 02:55:55
Kaltenbach, Florian 02:56:15
Müller, Tim Nikolas 02:57:25
Mader, Theodor 03:16:37
Baum, Anna 03:19:48
Hoffmann, Bodo 03:46:16

42,195 Kilometer

Duymelinck, Uwe 04:11:34
Joseph, Jörg 04:29:18
von Wolff, Ludwig 04:37:20
Menne, Ana Marcia 04:48:35
Pinder-Fengler, Monique 05:02:51
Pinder-Fengler, Monique 05:02:51
Vahl, Jochen 05:09:48
Becker, Martina 05:28:34
Biedermann, Wolfgang 07:27:22

24.09.2023 Trail Marathon Heidelberg, Heidelberg

Ambrozova, Irena 2. W35 04:15:06
Lapies, Malgorzata 05:50:37

01.10.2023 25. Generali Köln Marathon, Köln

Unger, Robert 1. M40 02:28:58
Weber, Christian 03:01:58
Vetter, Tilbert 03:21:13

08.10.2023 45. Bank of America Chicago Marathon, Chicago

Kaltenbach, Florian 03:02:36
Golovitsyn, Nikita 03:09:24
Wiegele, Stefan 03:09:38
Fischer, Dörte 03:29:21
Seidenstücker, Hans 03:57:29

08.10.2023 Generali München Marathon, München

Biedermann, Wolfgang 2. M80 06:32:36

15.10.2023 TCS Amsterdam Marathon, Amsterdam

Wyka, Arek 03:05:08

29.10.2023 40. Mainova Frankfurt Marathon, Frankfurt am Main

Unger, Robert 02:33:33
Bartels, Philipp 02:40:08
Stahl, Bastian-Dominic 02:43:13
Molina Molina, Julian Andres 02:45:22
Starostzik, Anna 2. W35 02:46:40
Holesch, Nora 02:48:36
Irlle, Max 02:49:00
Schmitt, Christian 02:52:55
Weber, Christian 02:54:54
Barcarolo, Pier 02:55:48
Gerhard, Johannes 02:58:12
Hemmer, Nico 02:58:32
Herrmann, Michael 02:58:43
Lieberknecht, Philipp 02:58:48
Röckle, Silas 02:59:31
Weith, Moritz 02:59:38
Drosdow, Eugen 03:04:06
Hofstetter, Hanna 03:04:49
Kaltenbach, Florian 03:07:27
Hutchinson, John 03:07:30
Kinzler, Patrick 03:08:42
Kahl, Niklas 03:09:39
Tzschentke, Thomas 03:13:11

42,195 Kilometer

| | | |
|---------------------------|--------|----------|
| Gastmann, Daniel | | 03:15:47 |
| Wetzel, Sven | | 03:16:04 |
| Zein, Laura | | 03:18:46 |
| Heidl, Markus | | 03:20:03 |
| Velando Escobar, Mauricio | | 03:20:47 |
| Heller, Aylene | | 03:22:50 |
| Anger, Gunnar | | 03:26:06 |
| Kraft, Thilo | | 03:26:31 |
| Gilbert, Kai | | 03:26:47 |
| Reimold, Christoph | | 03:27:22 |
| Wittig, Jens | | 03:28:09 |
| Wetzenstein, Wiltrud | | 03:28:33 |
| Krauß, Jochen | | 03:32:25 |
| Butt, Miriam | | 03:32:27 |
| Reichert, Michael | | 03:32:53 |
| Bastuck, Andreas | | 03:33:49 |
| Sippel, Konrad | | 03:36:05 |
| Reinhardt, Kira | | 03:36:19 |
| Prümmer, Constanze | | 03:38:50 |
| Ohme, Katrin | 3. W60 | 03:38:56 |
| Menne, Stephan | | 03:40:41 |
| Engelhardt, Jörg | | 03:43:22 |
| Hentschel, Detlef | | 03:44:41 |
| Kublun, Sven | | 03:47:04 |
| Pitzer, Florian | | 03:47:52 |
| Wilczek, Stephan | | 03:50:45 |
| Spira, Katrin | | 03:51:15 |
| Hoffmann, Bodo | | 03:52:26 |
| Pamuk, Ulrike Dr. | 2. W65 | 03:52:42 |
| Gilbert, Oliver | | 03:53:33 |
| Huhn, Stephan | | 03:56:00 |
| Häuser, Wolfgang | | 03:59:10 |
| Roth, Daniel | | 04:09:28 |
| Strauß, Volker | | 04:10:51 |
| Wessel, Markus | | 04:12:57 |
| Formanek, Bertold | | 04:14:40 |
| Chen, Qunxiong | | 04:14:43 |
| Wesp, Dieter | | 04:19:21 |
| Ostwald, Moritz | | 04:19:37 |
| Margulies, Marian | | 04:25:16 |
| Rojas, Andres | | 04:33:11 |
| Stenzel, Marcel | | 04:33:46 |
| Floeth, Anke | | 04:33:53 |
| Vormwald, Ursula | | 04:39:21 |
| Joseph, Jörg | | 04:47:09 |
| Dörr, Robert | | 04:49:20 |
| App, Christoph | | 05:07:06 |
| Bremer, Jürgen | | 05:29:49 |
| Brendlin, Christiane | | 05:57:09 |
| Dinges, Ursula | 1. W80 | 06:21:40 |
| Westphal, Klaus Prof. Dr. | | 06:27:16 |
| Biedermann, Wolfgang | 3. M80 | 06:36:03 |

05.11.2023 New York City Marathon, New York

| | | |
|-----------------|--|----------|
| Wiegele, Stefan | | 03:31:13 |
|-----------------|--|----------|

42,195 Kilometer

03.12.2023 43. Trinidad Alfonso Valencia Marathon, Valencia

| | | |
|------------------|--|----------|
| Kinzler, Patrick | | 03:09:53 |
|------------------|--|----------|

03.12.2023 Valencia Marathon 2023, Valencia, Spanien

| | | |
|--------------|--------|----------|
| Moser, Tania | 0. W30 | 02:44:46 |
|--------------|--------|----------|

10.12.2023 23. Siebengebirgsmarathon, Bad Honnef

| | | |
|---------------------|--|----------|
| Kaltenbach, Florian | | 03:10:36 |
|---------------------|--|----------|

10.12.2023 Malaga Marathon, Malaga

| | | |
|---------------|--|----------|
| Schöler, Marc | | 04:20:38 |
|---------------|--|----------|

43,597 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

| | | |
|------------------|--|----------|
| Engelhardt, Jörg | | 06:00:00 |
|------------------|--|----------|

47,5 Kilometer

01.07.2023 10. Bergischer 6 Stundenlauf, Remscheid

| | | |
|-----------------|---------|----------|
| Stenzel, Marcel | 1. MU20 | 06:00:00 |
|-----------------|---------|----------|

50 Kilometer

28.01.2023 23. 50km Ultramarathon des RLT Rodgau, Rodgau-Dudenhofen

| | | |
|---------------------|--------|----------|
| Irle, Max | 1. M30 | 03:09:26 |
| Kaltenbach, Florian | 3. M40 | 03:44:27 |
| Esser, Lothar | 1. M60 | 03:56:17 |
| Minet, Johannes | | 04:01:19 |
| Hoffmann, Bodo | | 04:38:50 |

25.02.2023 2. HaWei 50 Ultramarathon, Ubstadt-Weiher

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 3. M40 | 03:36:53 |
| Esser, Lothar | 1. M60 | 03:51:02 |

04.03.2023 29. Marburger Lahntallauf, Marburg

| | | |
|---------------|--------|----------|
| Esser, Lothar | 1. M60 | 04:21:24 |
|---------------|--------|----------|

15.07.2023 8. Regattabahnlauf/ Ultralauf-DM 50km, Duisburg

| | | |
|---------------------|--------|----------|
| Kaltenbach, Florian | 3. M40 | 03:44:45 |
| Esser, Lothar | 3. M60 | 03:55:15 |
| Hoffmann, Bodo | | 04:23:53 |

03.10.2023 4. Rodenbacher Lauftag, Rodenbach

| | | |
|-----------------|---------|----------|
| Stenzel, Marcel | 2. MU20 | 05:58:54 |
|-----------------|---------|----------|

51 Kilometer

15.07.2023 Eiger Ultra Trail E51, Grindelwald

| | | |
|------------------|--------|----------|
| Ambrozova, Irena | 0. W35 | 09:10:45 |
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51,963 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Duymelinck, Uwe 2. M70 06:00:00

52 Kilometer

27.08.2023 5. Burgwald Märchen Marathon, Rauschenberg

Kaltenbach, Florian 1. M40 04:09:56

55,8508 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Hoffmann, Bodo 06:00:00

58,6621 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Kaptur, Ralph 06:00:00

59,921 Kilometer

02.04.2023 6-Stunden-Lauf Mörfelden, Mörfelden-Walldorf

Kaptur, Ralph 2. M50 06:00:00

60,4 Kilometer

08.07.2023 3. LAUFHAUS Backyard Ultra, Zittau/ Pethau

Kaltenbach, Florian 05:18:46

62,1114 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Lehmann, Wolfgang 06:00:00

63,2223 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Osterhoff, Stella 06:00:00

64,9647 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Esser, Lothar 2. M60 06:00:00

70,876 Kilometer

02.09.2023 13. Lebacher 12-Stunden Lions Lauf, Lebach

Dinges, Ursula 1. W80 12:00:00

71 Kilometer

06.05.2023 8. Vogelsberger Vulkan-Trail, Schotten

Arnold, Daniel 1. M30 07:38:41

73,63 Kilometer

01.10.2023 6 Stunden-Lauf DUV Meisterschaft, Kleinmachnow

Kaltenbach, Florian 06:00:00

73,766 Kilometer

28.10.2023 Weserbergland Backyard Ultra, Höxter-Lütmarsen

Wittmann, Kosha 1. M30 11:00:00

73,9 Kilometer

13.05.2023 50. Gutschmuths Rennsteiglauf, Eisenach

Kaltenbach, Florian 06:36:37

75,5 Kilometer

24.06.2023 10. Sachsentrail mit Ultratrail-DM, Breitenbrunn

Pracht, Stefan 1. M55 07:39:32

Esser, Lothar 1. M60 08:06:09

Arnold, Daniel 08:10:21

Kaltenbach, Florian 09:09:28

Hoffmann, Bodo 09:50:47

100 Kilometer

01.04.2023 2. Ultralauf HaWei100/ 35. DM 100k Straße, Ubstadt-Weiher

Kaltenbach, Florian 1. M40 08:20:31

Esser, Lothar 1. M60 08:54:01

Sethmacher, Mike 09:56:58

Hoffmann, Bodo 11:30:11

09.06.2023 64. Bieler Lauftage, Biel, Schweiz

Dinges, Ursula 1. W80 19:45:36

101 Kilometer

06.05.2023 8. Vogelsberger Vulkan-Trail, Schotten

Esser, Lothar 1. M60 11:33:05

103 Kilometer

03.11.2023 Kullamanen by UTMB, Höganäs, Schweden

Arnold, Daniel 12:26:38

107,296 Kilometer

15.09.2023 4. Bienwald Backyard Ultra, Kandel

Gastmann, Daniel 3. M45 16:00:00

118,845 Kilometer

15.07.2023 18. Burginsellauf, Delmenhorst

Dinges, Ursula 1. W80 24:00:00

129,261 Kilometer

27.05.2023 24h Lauf Deutsche Meisterschaft, Braunschweig

Dinges, Ursula 1. W80 24:00:00

153,748 Kilometer

27.05.2023 24h Lauf Deutsche Meisterschaft, Braunschweig

Hoffmann, Bodo 24:00:00

161,3 Kilometer

12.08.2023 Mauerweglauf, Berlin

Kaltenbach, Florian 19:05:41

168 Kilometer

14.04.2023 Istria 100 by UTMB, Labin/ Italien

Pracht, Stefan 1. M55 24:18:10

172,2 Kilometer

01.09.2023 100M UTMB, Chamonix

Pracht, Stefan 2. M55 29:10:50

185,271 Kilometer

27.05.2023 24h Lauf Deutsche Meisterschaft, Braunschweig

Esser, Lothar 2. M60 24:00:00

197,106 Kilometer

15.09.2023 4. 48-Stundenlauf Aare Insel Brugg, Brugg, Schweiz

Dinges, Ursula 1. W80 48:00:00

197,49 Kilometer

27.05.2023 24h Lauf Deutsche Meisterschaft, Braunschweig

Kaltenbach, Florian 24:00:00

234 Kilometer

03.07.2023 Al Andalus Ultimate Trail, Loja, Spanien

Osterhoff, Stella 1. W40 30:45:43